



# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## U11 Boys & Girls - 1.9km

Posn	Bib	Runner	Age Group	Club	League	Time
1	3	Elizabeth GREENWOOD	(G)	Blackburn Harriers		7.03
2	26	Jake LONSDALE	(B)	Blackpool, Wyre & Fylde		7.15
3	698	Ciaran JOHNSON	U11B	Blackpool Wyre & Fylde AC	Mid Lancs	7.20
4	21	Harry GRACE	(B)	Aldershot F & D AC		7.26
5	5	Cari HUGHES	(G)	Menai T&F AC		7.29
6	928	Anna ROWE	U11G	Liverpool Harriers	Mid Lancs	7.29
7	664	Kyle RITCHIE	U11B	Barrow & Furness Striders	Mid Lancs	7.29
8	994	Jack CROOK	U11B	Liverpool Pembroke & Sefton H	Mid Lancs	7.30
9	8	Molly THOMSON	(G)	Wirral AC		7.42
10	25	Joshua NEWBOLD	(B)	Wharfedale H		7.44
11	9	Katy WHITEOAK	(G)	Stockport H		7.48
12	1	Bronya BIRD	(G)	Leicester Coritanians		7.50
13	701	Molly SCARR	U11G	Blackpool Wyre & Fylde AC	Mid Lancs	7.52
14	7	Georgia MASSEY	(G)	Frodsham H		7.52
15	852	Cole BLAKIE	U11B	Kendal AAC	Mid Lancs	7.53
16	24	George PATTERSON	(B)	Wirral AC		7.58
17	669	Kris MCINERY	U11B	Blackburn Harriers	Mid Lancs	7.59
18	6	Connie HURTON	(G)	Eden Runners		8.01
19	1022	Thomas MARCHANT	U11B	Pendle AC	Mid Lancs	8.03
20	1044	Grace HANDLEY	U11G	Preston Harriers	Mid Lancs	8.06
21	1167	Scott THOMPSON	U11B	Wigan & District Harriers	Mid Lancs	8.08
22	1026	Oliver SPENCER	U11B	Pendle AC	Mid Lancs	8.16
23	1019	Gregan BAKER	U11B	Pendle AC	Mid Lancs	8.16
24	1102	Charlotte WADDINGTON	U11G	Rosendale AC	Mid Lancs	8.20
25	1103	Shauna WILLIAMSON	U11G	Rosendale AC	Mid Lancs	8.20
26	1132	Harry PEACOCK	U11B	Southport Waterloo AC	Mid Lancs	8.22
27	933	Tenisha MAHER	U11G	Liverpool Harriers	Mid Lancs	8.26
28	20	Alex ENGLISH	(B)	Unattached		8.28
29	699	Annie BRADSHAW	U11G	Blackpool Wyre & Fylde AC	Mid Lancs	8.31
30	967	Paul BOUSIQUE	U11B	Liverpool Pembroke & Sefton H	Mid Lancs	8.32
31	931	Olivia PHILLIPS	U11G	Liverpool Harriers	Mid Lancs	8.33
32	932	Megan FINCH	U11G	Liverpool Harriers	Mid Lancs	8.38
33	929	Emily ROWE	U11G	Liverpool Harriers	Mid Lancs	8.38
34	893	Callum SMITH	U11B	Leigh Harriers	Mid Lancs	8.38
35	874	Niall GRAHAM	U11B	Lancaster & Morecambe AC	Mid Lancs	8.39
36	1171	Sam REDDING	U11B	Wigan & District Harriers	Mid Lancs	8.39
37	4	Emily HUGHES	(G)	Stockport H		8.39
38	1130	Luke SPENCER	U11B	Southport Waterloo AC	Mid Lancs	8.41
39	1139	Ben APPS	U11B	Southport Waterloo AC	Mid Lancs	8.42
40	1170	Joshua TAYLOR	U11B	Wigan & District Harriers	Mid Lancs	8.45
41	1043	Charlotte CROOK	U11G	Preston Harriers	Mid Lancs	8.46
42	1209	Jude MCGLYNN	U11B	Southport Waterloo AC	Mid Lancs	8.49
43	924	Emily GRAY	U11G	Liverpool Harriers	Mid Lancs	8.54
44	643	Kiera WHITTAKER	U11G	Barrow & Furness Striders	Mid Lancs	8.59
45	1018	Daemon METCALFE	U11B	Pendle AC	Mid Lancs	9.00
46	873	Nathan SLACK	U11B	Lancaster & Morecambe AC	Mid Lancs	9.01
47	1023	Natrika WILDMAN	U11G	Pendle AC	Mid Lancs	9.03
48	1164	Adam HITCHEN	U11B	Wigan & District Harriers	Mid Lancs	9.03
49	872	Joseph TWIGG	U11B	Lancaster & Morecambe AC	Mid Lancs	9.04
50	670	Connor DAVISON	U11B	Blackburn Harriers	Mid Lancs	9.06
51	871	Liam HINNIGAN	U11B	Lancaster & Morecambe AC	Mid Lancs	9.08
52	1021	Jake HURLSTONE	U11B	Pendle AC	Mid Lancs	9.09
53	10	Jasmine HANNON	(G)	Stockport Harriers		9.11
54	813	Nathan CHADWICK	U11B	Glaxo Hoad Hill Harriers	Mid Lancs	9.11
55	775	Christopher ARCHER	U11B	Clayton Le Moors Harriers	Mid Lancs	9.14
56	925	Leah BURTON	U11G	Liverpool Harriers	Mid Lancs	9.14
57	884	Molly NEWTON O'BRIEN	U11G	Lancaster & Morecambe AC	Mid Lancs	9.17
58	758	Lorcam HART	U11B	Chorley Harriers & AC	Mid Lancs	9.17
59	966	Charlotte MAUDSLEY	U11G	Liverpool Pembroke & Sefton H	Mid Lancs	9.17
60	812	Gregg THOMAS	U11B	Glaxo Hoad Hill Harriers	Mid Lancs	9.21





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Posn	Bib	Runner	Age Group	Club	League	Time
61	1020	Theo ROWAN	U11B	Pendle AC	Mid Lancs	9.23
62	883	Allana JONES	U11G	Lancaster & Morecambe AC	Mid Lancs	9.24
63	1173	Ellie ROBINSON	U11G	Wigan & District Harriers	Mid Lancs	9.26
64	875	James MCCRACKEN	U11B	Lancaster & Morecambe AC	Mid Lancs	9.28
65	968	Colin BOUSIQUE	U11B	Liverpool Pembroke & Sefton H	Mid Lancs	9.31
66	1144	Tom PEACOCK	U11B	Southport Waterloo AC	Mid Lancs	9.35
67	1055	Georgina NEWCOMBE	U11G	Preston Harriers	Mid Lancs	9.45
68	1136	Louis HUYTON	U11B	Southport Waterloo AC	Mid Lancs	9.49
69	934	Abby WILLIAMS	U11G	Liverpool Harriers	Mid Lancs	9.49
70	1122	Oliver ROOME	U11B	Southport Waterloo AC	Mid Lancs	9.56
71	668	Leah BALLANTYNE	U11G	Blackburn Harriers	Mid Lancs	10.03
72	1129	David SPENCER	U11B	Southport Waterloo AC	Mid Lancs	10.04
73	1180	Gemma WALLS	U11G	Wigan & District Harriers	Mid Lancs	10.16
74	665	Kim WALKER	U11G	Barrow & Furness Striders	Mid Lancs	10.27
75	926	Zhane HINDS	U11G	Liverpool Harriers	Mid Lancs	10.33
76	930	Hannah DALEY	U11G	Liverpool Harriers	Mid Lancs	10.37
77	927	Sophie ENVIS	U11G	Liverpool Harriers	Mid Lancs	11.00
78	814	Alexander CHADWICK	U11B	Glaxo Hoad Hill Harriers	Mid Lancs	11.30
79	921	Emily WAIN	U11G	Liverpool Harriers	Mid Lancs	11.35
80	923	Zara WOODS	U11G	Liverpool Harriers	Mid Lancs	12.25
81	922	Bethan JONES	U11G	Liverpool Harriers	Mid Lancs	12.29



# THE McCAIN LIVERPOOL CROSS CHALLENGE

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## U13 Girls - 3.0km

Posn	Bib	Runner	Club	League	Time
1	47	Kathryn GILLESPIE	Central AC		11.06
2	62	Katie ROWE	Guernsey Island AAC		11.10
3	67	Mari SMITH	Leicester Coritanians		11.16
4	44	Bethany DONNELLY	East Cheshire H		11.24
5	78	Abigail BACKSHALL	Colwyn Bay AC		11.25
6	38	Leigh CHAPMAN	Aldershot F&D AC		11.25
7	48	Bethany HAWTIN	Oxford City AC		11.37
8	33	Megan BATES	Eden Runners		11.39
9	944	Zoe TYNAN	Liverpool Harriers	Mid Lancs	11.43
10	60	Abby-Mae PARKINSON	Spenborough AC		11.44
11	59	Hannah NUTTALL	Charwood AC		11.45
12	70	Sophie TARVER	Wirral AC		11.47
13	936	Sophie BRENNAN	Liverpool Harriers	Mid Lancs	11.51
14	1146	Erin DONAGH	Southport Waterloo AC	Mid Lancs	11.58
15	58	Chelsea NUGENT	Carlisle Aspatria AC		12.00
16	834	Phoebe HOWE	Horwich RMI Harriers	Mid Lancs	12.01
17	75	Mollie WILLIAMS	Stockport Harriers		12.04
18	64	Sally SEARSON	Blackburn Harriers		12.05
19	35	Molly BETMEAD	Blackpool Wyre Fylde AC		12.08
20	43	Lucy DONAGHY	Stockport H		12.09
21	1042	Bethany BLACKWELL	Preston Harriers	Mid Lancs	12.11
22	31	Katie ASTIN	Manx Harriers		12.12
23	34	Amelia BETMEAD	Blackpool Wyre Fylde AC		12.13
24	40	Hannah COX	Charnwood AC		12.14
25	39	Alice CHEVERTON	City of Norwich AC		12.15
26	32	Hollie BARNES	Salford Metropolitan AC		12.19
27	69	Storm SUNDERLAND	Oxford City		12.21
28	1165	Danielle THOMPSON	Wigan & District Harriers	Mid Lancs	12.24
29	37	Evie CARTER	Stockport H		12.29
30	53	Lucy LENNON	Ribble Valley AC		12.33
31	80	Millie HOLDER	Eden Runners		12.33
32	63	Lucy SCHOFIELD	Scarborough AC		12.35
33	1149	Ellie ROBERTS	Southport Waterloo AC	Mid Lancs	12.36
34	49	Mary HODGSON	Lancaster & Morecambe AC		12.38
35	940	Izzy PEREZ	Liverpool Harriers	Mid Lancs	12.40
36	41	Lily DAVIS	Deeside AC		12.41
37	1040	Emma HARGREAVES	Preston Harriers	Mid Lancs	12.43
38	938	Erin MCBRIDE	Liverpool Harriers	Mid Lancs	12.44
39	1039	Isobel HUGHES	Preston Harriers	Mid Lancs	12.46
40	56	India MITCHELL-JARVIS	Leicester Coritanians		12.48
41	939	Hannah DELANEY	Liverpool Harriers	Mid Lancs	12.49
42	935	Abby GRAY	Liverpool Harriers	Mid Lancs	12.50
43	1109	Rebecca FLANAGAN	Rossendale AC	Mid Lancs	12.52
44	942	Lydia REYNOLDS	Liverpool Harriers	Mid Lancs	12.53
45	1172	Emily BORTHWICK	Wigan & District Harriers	Mid Lancs	12.57
46	42	Emma DONAGHY	Stockport H		12.58
47	947	Lauren PRITCHARD	Liverpool Harriers	Mid Lancs	13.07
48	1225	Ami MORAN	Pendle AC	Mid Lancs	13.09
49	72	Mya WALKER	Oxford City AC		13.10
50	68	Katie STRATTON	City of Norwich AC		13.12
51	77	Jess WRIGHT	Halton & Frodsham H		13.15
52	50	Alice HUGHES	Stockport H		13.17
53	969	Charlotte HAINES	Liverpool Pembroke & Sefton H	Mid Lancs	13.19
54	30	Shannon ANDERSON	Leicester Coritanians		13.21
55	660	Sophie SEDDON	Barrow & Furness Striders	Mid Lancs	13.23
56	1038	Maxine SMITH	Preston Harriers	Mid Lancs	13.23
57	79	Eimear CORR	Wirral AC		13.24
58	937	Olivia DALEY	Liverpool Harriers	Mid Lancs	13.25
59	839	Sophie MYERS	Horwich RMI Harriers	Mid Lancs	13.26
60	76	Sophie WILLIAMS	Stockport Harriers		13.27





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## U13 Girls - 3.0km

Posn	Bib	Runner	Club	League	Time
61	74	Lucy WHITEHEAD	Leicester Coritanians		13.28
62	1036	Marissa BENN	Pendle AC	Mid Lancs	13.29
63	972	Katie WALKER	Liverpool Pembroke & Sefton H	Mid Lancs	13.30
64	55	Rachel MCGOLDRICK	Leigh Harriers		13.30
65	1147	Alice CRIBB	Southport Waterloo AC	Mid Lancs	13.31
66	1168	Katie MCKENZIE	Wigan & District Harriers	Mid Lancs	13.36
67	880	Sarah BELL	Lancaster & Morecambe AC	Mid Lancs	13.36
68	662	Tasmin CROOK	Barrow & Furness Striders	Mid Lancs	13.37
69	1041	Alex WALKER	Preston Harriers	Mid Lancs	13.45
70	946	Emily CLARKE	Liverpool Harriers	Mid Lancs	13.49
71	1178	Zoe HUGHES	Wigan & District Harriers	Mid Lancs	13.53
72	1150	Lizzie MCKAY	Southport Waterloo AC	Mid Lancs	13.55
73	1177	Emma TAYLOR	Wigan & District Harriers	Mid Lancs	13.56
74	838	Martha GILL	Horwich RMI Harriers	Mid Lancs	13.57
75	761	Fionnuala HART	Chorley Harriers & AC	Mid Lancs	13.58
76	1128	Rebecca SINCLAIR	Southport Waterloo AC	Mid Lancs	13.59
77	881	Naomi HEGARTY	Lancaster & Morecambe AC	Mid Lancs	14.00
78	943	Emma RAINBIRD	Liverpool Harriers	Mid Lancs	14.04
79	762	Meghan ADAMSON	Chorley Harriers & AC	Mid Lancs	14.05
80	52	Aileen KEARNEY	Wirral AC		14.08
81	705	Fiona HOCKEY	Blackpool Wyre & Fylde AC	Mid Lancs	14.09
82	54	Marie MCGOLDRICK	St Helens-Sutton AC		14.10
83	971	Georgina HANNAWAY	Liverpool Pembroke & Sefton H	Mid Lancs	14.12
84	703	Kelly SMITH	Blackpool Wyre & Fylde AC	Mid Lancs	14.14
85	945	Hannah KING	Liverpool Harriers	Mid Lancs	14.16
86	877	Jessica MCCRACKEN	Lancaster & Morecambe AC	Mid Lancs	14.27
87	1024	Alice PARKINSON	Pendle AC	Mid Lancs	14.27
88	1236	Sarah HAMILTON	Wigan & District Harriers	Mid Lancs	14.29
89	941	Olivia MCCORMICK	Liverpool Harriers	Mid Lancs	14.32
90	661	Gaby BYRON	Barrow & Furness Striders	Mid Lancs	14.35
91	1206	Lauren DEANE	Southport Waterloo AC	Mid Lancs	14.39
92	1046	Rachel LEVER	Preston Harriers	Mid Lancs	14.42
93	674	Sade KENYON	Blackburn Harriers	Mid Lancs	15.01
94	46	Megan EVANS	Wirral AC		15.15
95	1125	Jessica O'BRIEN	Southport Waterloo AC	Mid Lancs	15.21
96	970	Beth DEARY	Liverpool Pembroke & Sefton H	Mid Lancs	15.31
97	36	Ashleigh BUNN	City of Norwich AC		15.41
98	663	Abbey HEMPSEL	Barrow & Furness Striders	Mid Lancs	15.48
99	1127	Amy SINCLAIR	Southport Waterloo AC	Mid Lancs	15.52
100	1169	Emma COOPER	Wigan & District Harriers	Mid Lancs	16.10
101	1179	Maddie WALLS	Wigan & District Harriers	Mid Lancs	16.13
102	1148	Lucy HUNTER	Southport Waterloo AC	Mid Lancs	17.37



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## U13 Boys - 3.0km

Posn	Bib	Runner	Club	League	Time
1	2101	Jake WALLEY	Blackpool Wyre & Fylde AC		10.30
2	64	Jack CRABTREE	East Cheshire H		10.33
3	101	Christian VON EITZEN	Radley AC		10.40
4	45	Gio DOWNIE	Wiltshire County Athletics		10.43
5	74	Euan GILLHAM	Kilbarchan AAC		10.46
6	69	Patrick DEVER	Preston H		10.48
7	76	James HATTON	Charnwood AC		10.49
8	58	Liam BURTHEM	Warrington AC		10.49
9	59	Josh CARA	Kettering Town H		10.56
10	86	Gavin MCARDLE	Kilbarchan AAC		10.58
11	73	Niall FLANAGAN	Wirral AC		10.58
12	1207	Luke TYSON	Southport Waterloo AC	Mid Lancs	10.59
13	102	Mathew WIGELSWORTH	Warrington AC		11.01
14	100	Liam TURNER	Victoria P City of Glasgow		11.04
15	104	Bradley YATES	Blackpool Wyre & Fylde		11.05
16	1204	Andy KERSHAW	Southport Waterloo AC	Mid Lancs	11.08
17	92	Neilk ORR	Border H		11.12
18	75	Alex HARRISON	SM AC		11.14
19	963	Paul TYSON	Liverpool Harriers	Mid Lancs	11.15
20	51	Dougie ASHCROFT	Preston Harriers		11.17
21	52	Liam BAGGLEY	City of Stoke AC		11.18
22	103	Robert WONG	Blackburn Harriers		11.22
23	88	Scott MCLARDIE	Kilbarchan AAC		11.24
24	108	Matteo BERTACCA	Wirral AC		11.25
25	1143	Michael PANES	Southport Waterloo AC	Mid Lancs	11.26
26	1029	Robert HURLSTONE	Pendle AC	Mid Lancs	11.27
27	1032	Matthew DUTTON	Pendle AC	Mid Lancs	11.29
28	65	Ben CRAIG	Leicester coritanian		11.29
29	83	Daniel LAWTON	Stockport Harriers		11.31
30	856	Tom TAYLOR	Kendal AAC	Mid Lancs	11.32
31	833	Nathan TOWNSEND	Horwich RMI Harriers	Mid Lancs	11.32
32	1049	Luke PENSWICK	Preston Harriers	Mid Lancs	11.33
33	93	William PATTERSON	Wirral Athletics Club		11.34
34	78	Jack HOPE	Kettering Town Harriers		11.35
35	1028	James MARCHANT	Pendle AC	Mid Lancs	11.38
36	835	Joseph HOWE	Horwich RMI Harriers	Mid Lancs	11.39
37	96	Charlie QUINN	Wirral AC		11.40
38	53	Luke BEEBY	Leicester Coritanian		11.42
39	733	Jordan HULL	Border Harriers	Mid Lancs	11.43
40	107	Rory JUDD	Preston Harriers		11.44
41	56	William BROADBENT	Wirral AC		11.45
42	1151	Tom LODGE	Southport Waterloo AC	Mid Lancs	11.46
43	97	Guy REEVE	Wirral Athletics Club		11.47
44	99	Macauley SNUTCH	Stoke AC		11.50
45	676	Robert BLOW	Blackburn Harriers	Mid Lancs	11.52
46	89	Thomas MCWILLIAM	Wirral AC		11.54
47	82	Thomas KITCHEN	Wirral AC		11.55
48	72	Joseph FISHER	Caldy Grange Grammar Sch		11.56
49	975	Nathan BROWNE	Liverpool Pembroke & Sefton H	Mid Lancs	11.57
50	105	Jamie FINCH	City of Norwich AC		11.58
51	98	Ameded SCANAVACCA	St Anselms College		12.00
52	1050	Daniel NEAL	Preston Harriers	Mid Lancs	12.00
53	80	Rhys JAMES	Menai T&F AC		12.00
54	66	James CRIPWELL	Gateshead Harriers		12.01
55	1048	Robert BRYNING	Preston Harriers	Mid Lancs	12.07
56	67	Adam CULLEN	Southport Waterloo H		12.12
57	1176	Corey BOOTHE	Wigan & District Harriers	Mid Lancs	12.13
58	1108	Callum DAVIDSON	Rossendale AC	Mid Lancs	12.14
59	70	Scott DYER	Unattached		12.17
60	84	Jack MACGLASHAN	Unattached		12.20





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## U13 Boys - 3.0km

Posn	Bib	Runner	Club	League	Time
61	898	Dominic HOWARTH	Leigh Harriers	Mid Lancs	12.23
62	91	Joseph MOLYNEUX	Wirral AC		12.25
63	890	Daniel FORDE	Lancaster & Morecambe AC	Mid Lancs	12.26
64	678	Jack HINDLE	Blackburn Harriers	Mid Lancs	12.28
65	85	Jake MARTIN	Wirral A.C		12.30
66	1138	Zak HOGG	Southport Waterloo AC	Mid Lancs	12.31
67	2102	Felix JACKSON	Caldy Grange		12.33
68	109	Joshua BYRNE	Wirral AC		12.37
69	973	Ben HAINES	Liverpool Pembroke & Sefton H	Mid Lancs	12.40
70	1088	Matthew AULD	Ribble Valley AC	Mid Lancs	12.41
71	94	Xian Lee PIGGANTO	St Anselms College		12.43
72	1025	Bradley ROSCOE	Pendle AC	Mid Lancs	12.49
73	90	Ethan MEHMET	Kettering Town H		12.55
74	77	William HOCKENHULL	St Anselms		12.57
75	2105	Ross KIRBY	Shrewsbury		12.59
76	57	James BURNS	Unattached		13.00
77	1060	Kirk TRUSCH	Preston Harriers	Mid Lancs	13.03
78	894	Jorden SMITH	Leigh Harriers	Mid Lancs	13.06
79	878	Joel INGRAM	Lancaster & Morecambe AC	Mid Lancs	13.08
80	68	Thomas DAGNALL	St Anselms		13.12
81	976	Dillan BOUSIQUE	Liverpool Pembroke & Sefton H	Mid Lancs	13.14
82	106	Sam ALLEN	St Anselms College		13.18
83	60	Thomas CARR	City of Norwich AC		13.22
84	886	Patrick MCGUINNESS	Lancaster & Morecambe AC	Mid Lancs	13.34
85	974	Jonathon BRIDE	Liverpool Pembroke & Sefton H	Mid Lancs	13.35
86	677	James BLOW	Blackburn Harriers	Mid Lancs	13.39
87	2110	George HURST	Blackpool Wyre & Fylde AC		13.41
88	50	Matthew ADAMSON	Carlisle & Aspatria AC		13.41
89	95	Lewis PORTER	Unattached		13.42
90	837	Will TOWNSEND	Horwich RMI Harriers	Mid Lancs	14.10
91	671	Nathan BILLINGTON	Blackburn Harriers	Mid Lancs	14.26



# THE McCAIN LIVERPOOL CROSS CHALLENGE

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## U15 Boys - 3.0km

Posn	Bib	Runner	Club	League	Time
1	160	James LAMSWOOD	Kingston U Hull AC		9.49
2	153	Adam HOWARD	Oldham & Royton Harriers & AC		9.54
3	190	Ben WESTHENRY	Weymouth St Pauls H		9.55
4	181	Matthew SHIRLING	Sutton-St Helens AC		9.59
5	173	Finlay RAE	Ayr Seaforth AC		10.03
6	191	Alastair WEYMOUTH	Eden Runners		10.04
7	198	Matthew BYRNE	Wirral AC		10.05
8	123	Stefan ASHMAN	Leicester Coritanians		10.06
9	120	Henry ALEXANDER	Ipswich H		10.07
10	145	Kyran HALE	Severn AC		10.08
11	152	Tom HOOK	City of Norwich AC		10.08
12	134	Ryan CROASDALE	Lancaster & Morcambe AC		10.09
13	170	William PAULSON	Stroud & District AC		10.11
14	959	Jack CHRISTIE	Liverpool Harriers	Mid Lancs	10.14
15	135	Niall CULLEN	Southport Waterloo H		10.15
16	122	Matthew ARNOLD	Aldershot F&D AC		10.16
17	124	Zack BAMBER	Vale Royal AC		10.18
18	174	Will REYNOLDS	Liverpool Harriers		10.18
19	144	Leon GREGORY	East Cheshire H		10.20
20	185	Adam THRALL	Gloucester AC		10.21
21	159	James KNOX	Helm Hill Runners		10.22
22	182	Adam SIXSMITH	Trafford AC		10.23
23	139	Tom EARLEY	Colwyn Bay		10.26
24	180	David SHELDON	City of Stoke AC		10.27
25	155	Daniel JARVIS	Wirral Athletics Club		10.28
26	166	Russell MOUNTFORD	Kilbarchan AAC		10.29
27	151	Richard HINDLEY	Trafford AC		10.29
28	143	Scott GREEVES	City of Norwich AC		10.30
29	188	Bradley WATTLEWORTH	Ipswich Harriers		10.30
30	163	Callum MATTHEWS	Kilbarchan AAC		10.30
31	177	Kyran ROBERTS	Carmarthen Harriers		10.31
32	171	Richard POWELL	Trafford AC		10.36
33	161	Joseph LANCASTER	City of Sheffield		10.38
34	165	Christopher MIDDLETON	East Cheshire H		10.38
35	897	Adam HOWARTH	Leigh Harriers	Mid Lancs	10.39
36	142	Jack GLEAVE	Warrington Athletic Club		10.40
37	167	Michael MURPHY	East Cheshire H		10.40
38	958	Luke TOWERS	Liverpool Harriers	Mid Lancs	10.42
39	1052	Jack ELLIS	Preston Harriers	Mid Lancs	10.43
40	961	Owen SHARP	Liverpool Harriers	Mid Lancs	10.44
41	168	Nicholas MYERS	Rotherham H		10.46
42	653	Sam STOREY	Barrow & Furness Striders	Mid Lancs	10.46
43	131	Reece CLARK	Ribble Valley		10.48
44	1056	Jack ISHERWOOD	Preston Harriers	Mid Lancs	10.48
45	184	Josh TACK	Oxford City AC		10.50
46	127	Matthew BULL	North Devon AC		10.51
47	855	Robbie INGHAM	Kendal AAC	Mid Lancs	10.51
48	164	Christopher MCSTAY	Kilbarchan AAC		10.52
49	854	Tom HARTLEY	Kendal AAC	Mid Lancs	10.53
50	137	Andrew DESMOND	Liverpool Harriers & AC		10.54
51	710	Daniel QUARMBY	Blackpool Wyre & Fylde AC	Mid Lancs	10.55
52	189	Matthew WESTBY	Wirral Athletic		10.55
53	149	Lewis HEALEY	Vale Royal		10.56
54	156	Joseph JOLLIE	Wirral AC		10.57
55	982	Warren TURNER	Liverpool Pembroke & Sefton H	Mid Lancs	10.57
56	192	Matthew WILD	Kilbarchan AAC		10.58
57	1141	Liam ELLIS	Southport Waterloo AC	Mid Lancs	10.59
58	172	Robert POWELL	Trafford AC		10.59
59	162	Matthieu MARSHALL	Oxford City		11.01
60	652	Russ BENSON	Barrow & Furness Striders	Mid Lancs	11.06





# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## U15 Boys - 3.0km

Posn	Bib	Runner	Club	League	Time
61	187	Mike VENNARD	Vale Royal AC		11.10
62	962	Christian QUIRK	Liverpool Harriers	Mid Lancs	11.11
63	146	Korey HALLETT BLANCH	City of Stoke AC		11.12
64	138	Jack CK DONNELLY	East Cheshire H		11.12
65	129	Sam BUTTERS	Ribble Valley Athletic Club		11.13
66	141	Liam GAWNE	Wirral A.C.		11.14
67	148	Matthew HAY	Wirral AC		11.15
68	892	Adam JAMSON	Leigh Harriers	Mid Lancs	11.20
69	193	Ashley WYATT	City of Stoke AC		11.21
70	1174	Jack SMITH	Wigan & District Harriers	Mid Lancs	11.26
71	172A	???	???	???	11.26
72	960	Chris MANNING	Liverpool Harriers	Mid Lancs	11.27
73	194	Kingsley JUDD	Preston harriers		11.28
74	1208	Gary CLARKE	Southport Waterloo AC	Mid Lancs	11.30
75	981	Kyle NICHOLLS	Liverpool Pembroke & Sefton H	Mid Lancs	11.31
76	175	Scott RICHARDSON	Unattached		11.37
77	199	Gregory MOORE	Unattached		11.39
78	1205	Jonathan FORSTER	Southport Waterloo AC	Mid Lancs	11.40
79	169	Joe OLDFIELD	Ribble Valley AC		11.42
80	980	Dave REECE	Liverpool Pembroke & Sefton H	Mid Lancs	11.42
81	196	George BACKSHALL	Colwyn Bay AC		11.44
82	136	Patrick CULLEN	Southport Waterloo H		11.45
83	1030	Neng WILDMAN	Pendle AC	Mid Lancs	11.46
84	140	Conor FLANAGAN	Wirral AC		11.50
85	195	Perry JUDD	Preston harriers		11.52
86	121	Zak ANDERSON	Leicester Coritanians		11.53
87	965	Tom SCUMACHER	Liverpool Harriers	Mid Lancs	11.55
88	889	James WHITAKER	Lancaster & Morecambe AC	Mid Lancs	11.56
89	1031	Declan BULMER	Pendle AC	Mid Lancs	11.57
90	1137	Jake HOGG	Southport Waterloo AC	Mid Lancs	11.58
91	1087	Lewis AULD	Ribble Valley AC	Mid Lancs	12.00
92	133	Matthew COX	Charnwood AC		12.01
93	126	Darryl BROUGHTON	City of Norwich AC		12.02
94	130	Matthew CATON	Staffordshire Moorlands A.C.		12.02
95	1237	George INGRAM	Southport Waterloo AC	Mid Lancs	12.06
96	179	Nathan SCHOFIELD	Wirral AC		12.07
97	983	Darren MCDONALD	Liverpool Pembroke & Sefton H	Mid Lancs	12.22
98	1123	Alex ROOME	Southport Waterloo AC	Mid Lancs	12.23
99	1035	Jamie PARTRIDGE	Pendle AC	Mid Lancs	12.24
100	1216	Callum GRANT	Liverpool Harriers	Mid Lancs	12.24
101	147	James HAY	Wirral AC		12.38
102	2103	Robert OWEN	Wirral AC		13.03
103	888	Thomas NOLAN BARNES	Lancaster & Morecambe AC	Mid Lancs	13.38
104	1145	Graham BOREHAM	Southport Waterloo AC	Mid Lancs	14.16
105	125	Ryan BIRD	Leicester Coritanians		14.46



# THE McCAIN LIVERPOOL CROSS CHALLENGE

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## U15 Girls - 3.0km

Posn	Bib	Runner	Club	League	Time
1	32	Abbie HETHERINGTON	Carlisle & Aspatria AC		10.56
2	60	Danielle WALLIS	Macclesfield H		10.59
3	42	Matilda LOWTHER	Eden Runners		11.01
4	19	Emma DUNNETT	Edinburgh AC		11.02
5	5	Louise BAKER	Staffs Moorlands AC		11.04
6	48	Florie MCLEISH	Preston H		11.08
7	37	Shannon JOHNSON	Leigh H		11.10
8	27	Lauren HAWTIN	Oxford City AC		11.12
9	49	Becky MILLS	Scarborough AC		11.13
10	41	Jessica LONSDALE	Kingston upon Hull AC		11.15
11	9	Loren BLEAKEN	Team Bath		11.18
12	64	Katy WOOD	City of York AC		11.19
13	18	Rachael DUNN	Edinburgh A C		11.21
14	26	Natalia HACKETT	Hallamshire Harriers		11.22
15	11	Imogen BRISCOE	Stroud & District AC		11.28
16	15	Lucy CAMPBELL	North Devon AC		11.29
17	66	Fiona BELL	Hallamshire H		11.29
18	36	Chelsea JARVIS	St Helens Sutton AC		11.29
19	1111	Megan DAVIES	Rossendale AC	Mid Lancs	11.30
20	30	Ellie HEMMING	Bedford & County AC		11.31
21	46	Tessa MCCORMICK	Vale Royal AC		11.33
22	63	Stella WINTERS	Shettleston H		11.34
23	39	Imogen KEMPTON	Oxford City AC		11.34
24	708	Lauren GOWLAND	Blackpool Wyre & Fylde AC	Mid Lancs	11.34
25	22	Jade EVANS	Vale Royal AC		11.36
26	950	Olivia PEREZ	Liverpool Harriers	Mid Lancs	11.38
27	55	Charmaine PORTER	Jarrow & Hebburn		11.40
28	53	Emma PETERS	East Cheshire H		11.44
29	1045	Rachael SCOTT	Preston Harriers	Mid Lancs	11.45
30	62	Yasmin WILSON	Lagan Valley		11.49
31	20	Oonagh DUNNETT	Edinburgh AC		11.50
32	24	Sophie FOREMAN	South London Harriers		11.51
33	17	Naomi COLLIER	Grantham AC		11.53
34	13	Katie BUCKLEY	Bury AC		11.54
35	52	Imogen NUTTER	Stockport H		11.54
36	948	Riana BURTON	Liverpool Harriers	Mid Lancs	11.58
37	14	Rebecca BYREN	Oxford City AC		12.02
38	657	Olivia MILLER	Barrow & Furness Striders	Mid Lancs	12.02
39	953	Rebecca DONAHUE	Liverpool Harriers	Mid Lancs	12.02
40	33	Sarah HODGSON	Lancaster & Morecambe AC		12.03
41	956	Kathryn WALKER	Liverpool Harriers	Mid Lancs	12.04
42	700	Imogen PIERCE	Blackpool Wyre & Fylde AC	Mid Lancs	12.04
43	899	Bethany JONES	Leigh Harriers	Mid Lancs	12.09
44	54	Amelia PETTITT	Vale Royal AC		12.10
45	1047	Aimee GALLAGHER	Preston Harriers	Mid Lancs	12.13
46	16	Elissa CLARK	Oxford City AC		12.21
47	23	Hannah FERGUSON	Shettleston H		12.21
48	1033	Jade LORD	Pendle AC	Mid Lancs	12.24
49	957	Katie BOWERS-FORLAND	Liverpool Harriers	Mid Lancs	12.25
50	61	Helen WALLIS	Ribble Valley AC		12.26
51	707	Jodie FERGUSON	Blackpool Wyre & Fylde AC	Mid Lancs	12.28
52	45	Danielle MCCONWAY	Shettleston H		12.29
53	949	Erin STEWART	Liverpool Harriers	Mid Lancs	12.31
54	6	April BEEBY	Leicester Coritanian		12.32
55	1126	Charlotte SINCLAIR	Southport Waterloo AC	Mid Lancs	12.34
56	10	Lauren BRETT	Wirral AC		12.35
57	50	Amanda MONAGHAN	Shettleston H		12.36
58	43	Jess MANGHAM	Rotherham H AC		12.37
59	1124	Lauren CLARE HUGH	Southport Waterloo AC	Mid Lancs	12.41
60	964	Holly BARRETT	Liverpool Harriers	Mid Lancs	12.42





# THE McCAIN LIVERPOOL CROSS CHALLENGE

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## U15 Girls - 3.0km

Posn	Bib	Runner	Club	League	Time
61	1227	Emily WILSON	Pendle AC	Mid Lancs	12.42
62	21	Carla EDWARDS	Stockport H		12.46
63	1215	Rebecca COURTNEY	Liverpool Harriers	Mid Lancs	12.46
64	47	Alice MCGRATH	Law & District AAC		12.48
65	59	Sarah TIPPING	Stockport Harriers		12.49
66	658	Brogan STEWART	Barrow & Furness Striders	Mid Lancs	12.50
67	673	Jacinta DAVISON	Blackburn Harriers	Mid Lancs	12.50
68	1175	Jessica BROOKWELL	Wigan & District Harriers	Mid Lancs	12.52
69	38	Emily KEARNEY	Wirral AC		12.54
70	29	Cerys HEAHER	Vale Royal AC		12.57
71	996	Kirsty FRASER	Lytham St Annes RRC	Mid Lancs	12.57
72	1086	Sabrina WALLEY	Ribble Valley AC	Mid Lancs	12.58
73	1	Aimee AIKIN	Stockport H		12.59
74	1051	Ashley SMITH	Preston Harriers	Mid Lancs	13.00
75	1140	Hart ELLOW	Southport Waterloo AC	Mid Lancs	13.02
76	58	Fiona STUART	Wirral AC		13.03
77	40	Jessie LEE	VR AC		13.04
78	1166	Natalie THOMPSON	Wigan & District Harriers	Mid Lancs	13.04
79	1037	Lucy ALDERMAN	Pendle AC	Mid Lancs	13.07
80	954	Lauren EVANS	Liverpool Harriers	Mid Lancs	13.11
81	882	Christina BELL	Lancaster & Morecambe AC	Mid Lancs	13.12
82	1057	Laura SULLIVAN	Preston Harriers	Mid Lancs	13.14
83	8	Nicola BERRY	Stockport H		13.16
84	951	Laura MCCOURT	Liverpool Harriers	Mid Lancs	13.18
85	706	Lucy MINNS	Blackpool Wyre & Fylde AC	Mid Lancs	13.19
86	56	Emma-Louise PYATT	Halton & Frodsham H		13.22
87	1084	Amy BRISTOW	Ribble Valley AC	Mid Lancs	13.25
88	1213	Harriet KNELLER	Wigan & District Harriers	Mid Lancs	13.28
89	879	Paige CLINTON	Lancaster & Morecambe AC	Mid Lancs	13.31
90	1212	Amy HIGHAM	Wigan & District Harriers	Mid Lancs	13.36
91	1034	Alice GARNETT	Pendle AC	Mid Lancs	13.38
92	672	Holly BALLANTYNE	Blackburn Harriers	Mid Lancs	13.38
93	1090	Gabby CHARNLEY	Ribble Valley AC	Mid Lancs	13.41
94	876	Hannah FLEET	Lancaster & Morecambe AC	Mid Lancs	13.43
95	680	Darah DARBYSHIRE	Blackburn Harriers	Mid Lancs	13.50
96	978	Maddie MAKEPEACE	Liverpool Pembroke & Sefton H	Mid Lancs	13.57
97	35	Sydney ISAACS	Wirral AC		13.58
98	1210	Kate ANSON	Wigan & District Harriers	Mid Lancs	14.05
99	999	Nicole HADLOW	Lytham St Annes RRC	Mid Lancs	14.09
100	659	Hannah STANWAY	Barrow & Furness Striders	Mid Lancs	14.12
101	1089	Laura NERENBERG	Ribble Valley AC	Mid Lancs	14.15
102	952	Hannah BURGON	Liverpool Harriers	Mid Lancs	14.18
103	1211	Katie FARRIMOND	Wigan & District Harriers	Mid Lancs	14.24
104	4	Emily ATKINS	Wirral AC		14.31
105	979	Alicia BURKE	Liverpool Pembroke & Sefton H	Mid Lancs	14.31
106	759	Leah NELSON	Chorley Harriers & AC	Mid Lancs	15.05
107	1094	Alex THISTLETHWAITE	Ribble Valley AC	Mid Lancs	15.13
108	666	Shannon WALKER	Barrow & Furness Striders	Mid Lancs	15.41
109	1214	Danielle MCGIFFORD	Wigan & District Harriers	Mid Lancs	16.02
110	1133	Chandini KUMARI-WEBSTER	Southport Waterloo AC	Mid Lancs	17.03



# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## U17 & U20 IAAF Women - 4.4km

Posn	Bib	Runner	Age Group	Club	League	Time
1	15	Emelia GORECKA	U17W	Aldershot F&D AC		14.56
2	82	Kate AVERY	U20W	Shildon		14.58
3	91	Jessica COULSON	U20W	Stockport Harriers		15.13
4	153	Beth POTTER	U20W	Victoria Park City of Glasgow		15.18
5	124	Lily PARTRIDGE	U20W	Aldershot F&D AC		15.19
6	105	Lauren HOWARTH	U20W	Leigh H		15.23
7	109	Katie KNOWLES	U20W	Bristol & West AC		15.28
8	147	Eleanor WIMSHURST	U20W	Bristol & West AC		15.29
9	121	Danielle NIMMOCK	U20W	City of Norwich AC		15.33
10	54	Emily WALLBANK	U17W	Bedford & County AC		15.37
11	112	Ciara MAGEEAN	U20W	City of Lisburn		15.39
12	21	Ruth HAYNES	U17W	Aldershot F&D AC		15.42
13	145	Louise WEBB	U20W	Team Southampton		15.43
14	136	Louise SMALL	U20W	Aldershot F&D AC		15.44
15	8	Melissa COURTNEY	U17W	Poole Athletic Club		15.48
16	131	Jessica RUSSON	U20W	Marske H		15.48
17	51	Georgia TAYLOR BROWN	U17W	East Cheshire H		15.51
18	104	Nicola HOOD	U20W	Victoria Park City of Glasgow		15.53
19	42	Georgia PEEL	U17W	Aldershot F&D AC		15.57
20	120	Grace NICHOLLS	U20W	Tonbridge AC		15.58
21	86	Danielle BROWN	U20W	Springburn Harriers		16.04
22	137	Emily STEWART	U20W	University of Birmingham		16.07
23	59	Melanie WOOD	U17W	Marshall Milton Keynes		16.09
24	154	Rachel STRINGER	U20W	City of Norwich AC		16.11
25	20	Melissa HAWTIN	U17W	Oxford City AC		16.13
26	98	Natalie GRANT	U20W	Rotherham Harriers AC		16.14
27	24	Megan HUXLEY	U17W	Vale Royal AC		16.15
28	81	Gemma ASTIN	U20W	Manx Harriers		16.17
29	119	Hayley MUNN	U20W	Kettering Town Harriers		16.18
30	114	Abbey MCGHEE	U20W	Victoria Park City of Glasgow AAC		16.19
31	108	Jordan KINNEY	U20W	Royal Sutton Coldfield AC		16.20
32	83	Hannah BATESON	U20W	Lancaster & Morcambe AC		16.21
33	126	Claire PRING	U20W	City of Norwich AC		16.24
34	110	Leigh LATTIMORE	U20W	Harrow ac		16.26
35	85	Suzi BOAST	U20W	Bedford and County AC		16.29
36	151	Catriona BUCHANAN	U20W	Central AC		16.30
37	2	Sarah ASTIN	U17W	Manx Harriers		16.31
38	97	Rebecca GOUGH	U20W	Birmingham University		16.32
39	45	Laura RICHES	U17W	Leigh Harriers		16.33
40	128	Nicole ROBERTS	U20W	Winchester & District AC		16.36
41	90	Alice CORDWELL	U20W	Hallamshire Harriers Sheffield		16.37
42	7	Charlotte CHRISTENSEN	U17W	Ipswich Harriers		16.38
43	23	Bethan HUBBARD	U17W	Aldershot F&D AC		16.39
44	990	Rhea ELLIS	U20W	Liverpool Pembroke & Sefton H	Mid Lincs	16.40
45	41	Bianca PEDERSEN	U17W	Blackpool Wyre & Fylde		16.42
46	4	Georgia BELL	U17W	ESM		16.44
47	62	Natasha COCKRAM	U17W	Cwmbran Harriers		16.45
48	1	Jessica ANDREWS	U17W	Isle of Wight AC		16.46
49	60	Hollie YOUNG	U17W	Victoria Park City of Glasgow		16.47
50	156	Emily MERRICK	U20W	Bristol & West AC		16.48
51	140	Amy TALBOT	U20W	Warrington AC		16.50
52	92	Sophie CRUMLY	U20W	Newbury AC/Loughborough Univ		16.52
53	56	Amber WATSON	U17W	Stroud & District AC		16.52
54	48	Louisa STEWART	U17W	Edinburgh AC		16.52
55	29	Iona LAKE	U17W	City of Norwich AC		16.52
56	115	Nikki MEADOWS	U20W	Vale Royal AC		16.53
57	57	Rebecca WESTON	U17W	Invicta East Kent		16.56
58	63	Ciara DULLAGHAN	U17W	Aldershot F&D AC		16.57
59	106	Sarah HUDAK	U20W	East Cheshire Harriers		17.00
60	116	Sarah MERCIER	U20W	GIAAC		17.03





# THE McCAIN LIVERPOOL CROSS CHALLENGE

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## U17 & U20 IAAF Women - 4.4km

Posn	Bib	Runner	Age Group	Club	League	Time
61	68	Beckie TAYLOR	U17W	Blackburn H		17.05
62	14	Lucy FARNELL	U17W	Birchfield Harriers		17.12
63	30	Ffion LEWIS	U17W	Bridgend AC		17.13
64	141	Tanya TAYLOR	U20W	Marshall Milton Keynes		17.14
65	28	Sarah KELLY	U17W	Dundee Hawkhill H		17.15
66	87	Kate BROWN	U20W	Loughborough Students		17.16
67	113	Jessica MARTIN	U20W	Kilbarchan AAC		17.16
68	31	Sarah LIVETT	U17W	Menai T&F AC		17.18
69	133	Lauren SCOTT	U20W	Birmingham University		17.23
70	655	Ellie WILSON	U17W	Barrow & Furness Striders	Mid Lancs	17.24
71	2109	Emily DUDGEON	U17W	Edinburgh AC		17.29
72	101	Oriel HARDMAN	U20W	Bolton United Harriers		17.30
73	44	Katie REYNOLDS	U17W	East Cheshire H		17.36
74	52	Zoe THOMAS	U17W	Cardiff AAC		17.37
75	61	Juliet BROSTER	U17W	City of Norwich AC		17.38
76	143	Kate TITLOW	U20W	Warrington AC		17.39
77	22	Emily HOSKER-THORNHILL	U17W	Invicta East Kent		17.40
78	16	Lauren HARRIES	U17W	Aberystwyth AC		17.41
79	33	Shannon MCLELLAN	U17W	Shettleston H		17.42
80	138	Michelle STONE	U20W	Kingston U Hull AC		17.43
81	49	Hanna TARVER	U17W	Wirral AC		17.44
82	139	Kathy STRINGER	U20W	Vale Royal AC		17.45
83	47	Sally SMITH	U17W	Wakefield District H & AC		17.46
84	37	Jemima OSBORN	U17W	Swansea H		17.47
85	149	Natalie ALLEN	U20W	Cardiff AAC		17.49
86	18	Natasha HATSWELL	U17W	Rotherham H		17.49
87	1027	Emma SPENCER	U17W	Pendle AC	Mid Lancs	17.51
88	69	Abbie OLIVER	U17W	Deeside		17.58
89	53	Jade WALKER	U17W	Oxford City AC		17.59
90	67	Sophia NICKLIN	U17W	Ipswich H		18.00
91	3	Charlotte ATKINSON	U17W	Blackburn Harriers		18.01
92	35	Hariet MORRIS	U17W	Cardiff AAC		18.01
93	46	Esme SALMON	U17W	City of Norwich AC		18.02
94	955	Hannah WHITESIDE	U17W	Liverpool Harriers	Mid Lancs	18.03
95	84	Roxanne BLACKWELL	U20W	Birmingham University		18.04
96	102	Lauren HAVERCROFT	U20W	KUHAC		18.05
97	656	Jenny HUCK	U17W	Barrow & Furness Striders	Mid Lancs	18.06
98	26	Rachel JEFFERSON	U17W	Warrington AC		18.07
99	903	Abigail HOWARTH	U17W	Leigh Harriers	Mid Lancs	18.08
100	2111	Georgia BELL	U20W	Lincoln Wellington		18.09
101	40	Flysia PEARSON	U17W	Swansea H		18.10
102	34	Charlotte MILLS	U17W	Vale Royal		18.11
103	25	Nichola JACKSON	U17W	Preston H		18.12
104	27	Abigail JONES	U17W	Poole AC		18.13
105	13	Clara EVANS	U17W	Hereford and County AC		18.14
106	129	Bessie ROLLINS	U20W	Kettering Town Harriers		18.15
107	94	Rhian DAWES	U20W	Victoria Park City of Glasgow		18.16
108	5	Emily BOAST	U17W	Bedford and County AC		18.18
109	125	Monique POWELL	U20W	Birchfield H		18.22
110	99	Sarah GRIFFITHS	U20W	Warrington AC		18.25
111	65	Sarah POTTER	U17W	Victoria Park City of Glasgow		18.30
112	135	Hannah SHERIDAN	U20W	Birmingham University		18.42
113	704	Samantha SMITH	U17W	Blackpool Wyre & Fylde AC	Mid Lancs	18.51
114	132	Helena SCHOFIELD	U20W	Scarborough AC		18.54
115	10	Katie DUCKERS	U17W	Wirral AC		18.59
116	12	Charlotte EDGE	U17W	Scarborough AC		19.03
117	1238	Jenny GIRDLER	U17W	Southport Waterloo AC	Mid Lancs	19.17
118	38	Tess PARKINSON	U17W	Ribble Valley AC		19.22
119	93	Emily CURRY	U20W	Kingston U Hull AC		19.25
120	19	Nicole HAVILAND	U17W	Wirral AC		19.28





# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## *U17 & U20 IAAF Women - 4.4km*

Posn	Bib	Runner	Age Group	Club	League	Time
121	146	Ashleigh WILLIAMS	U20W	Newham & Essex Beagles		19.39
122	1065	Ellen BUCKLEY	U17W	Preston Harriers	Mid Lancs	19.42
123	1142	Catherine HULME	U17W	Southport Waterloo AC	Mid Lancs	19.53
124	1239	Mellissa BERRY	U17W	Pendle AC	Mid Lancs	20.33
125	55	Cherisse WALLEY	U17W	Ribble Valley		20.34
126	675	Rachel LEECH	U17W	Blackburn Harriers	Mid Lancs	21.37



# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## U17 Men - 5.5km

Posn	Bib		Club	League	Time
1	257	Ross MATHESON	Lasswade AC		17.33
2	237	Joshua GRACE	Aldershot F&D AC		17.37
3	205	Ian BAILEY	Aldershot F&D AC		17.41
4	216	Kieran CLEMENTS	Ipswich H		17.50
5	246	Charlie HULSON	Sale H		17.52
6	238	Scott GREEN	Central Athletics Club		17.53
7	90	Kegan LYMN	AFD		17.57
8	218	Ben CONNOR	Derby AC		17.58
9	204	Sam ATKIN	Lincoln Wellington AC		17.59
10	272	Thomas PURNELL	Stroud & District AC		18.01
11	986	Toby LOVERIDGE	Liverpool Pembroke & Sefton H	Mid Lancs	18.07
12	279	Mark SHAW	New Marske H		18.12
13	288	Mark THOMPSON	Nottingham AC		18.14
14	293	Liam WHITE	Hercules Wimbledon AC		18.17
15	268	Aaron PHELPS	Stroud & District AC		18.17
16	278	Joshua SCHOFIELD	Scarborough AC		18.18
17	261	Grant MUIR	Giffnock North AAC		18.19
18	264	Fergus O'REILLY	Bournemouth AC		18.20
19	259	Danny MILLS	Nuneaton HAC		18.22
20	225	Harvey DIXON	Aldershot F&D AC		18.25
21	283	Adam SLOAN	Poole AC		18.28
22	92	Carl YATES	Hillingdon AC		18.38
23	253	Max KAYE	Holmfirth H		18.38
24	227	Alex EDWARDS	Cwmbran H		18.42
25	267	Emrys PENNY	Newport H		18.43
26	224	Andrew DEARIE	Shettleston Harriers		18.45
27	289	Thomas TRAVISS-POLLARD	Holmfirth Harriers AC		18.53
28	274	Kieran REILLY	Invicta East Kent		18.55
29	91	Chris MATTHEWS	Blackburn H		18.55
30	853	Patrick VICARY	Kendal AAC	Mid Lancs	18.56
31	240	Elliott HARDEE	Newport H		18.59
32	219	Dominic COYLE	Trafford AC		19.02
33	282	Joseph SHERRY	Enfield & Haringay AC		19.02
34	213	Luke CARROLL	Cheltenham Harriers		19.02
35	230	Graham EVANS	Kilbarchan AAC		19.03
36	203	John ASHCROFT	St Helens Sutton AC		19.03
37	248	Daniel JACKSON	Warrington AC		19.05
38	285	Rhys SPENCE	Hillingdon AC		19.06
39	857	Luke INGHAM	Kendal AAC	Mid Lancs	19.07
40	286	Ben STRATTON	City Of Norwich AC		19.15
41	1064	Ben AKIN	Preston Harriers	Mid Lancs	19.15
42	988	Jai MCGUIGAN	Liverpool Pembroke & Sefton H	Mid Lancs	19.16
43	235	Jack GARVIN	Ipswich H		19.19
44	222	Morgan DAVIES	Bridgend AC		19.20
45	251	Tom JERVIS	Warrington AC		19.21
46	247	Jack HUTCHENS	North Devon AC		19.22
47	298	Ben COSTELLO	Wirral AC		19.23
48	1067	Nathan BIBBY	Preston Harriers	Mid Lancs	19.23
49	209	Nicholas BENNETT	North Devon AC		19.24
50	207	Gavin BARCLAY	Hillingdon AC		19.25
51	1107	Jo MOORES	Rosendale AC	Mid Lancs	19.27
52	239	Joshua GRIFFITHS	Amman Valley / Carmarthen		19.28
53	276	Philip ROBERTSON	Wirral AC		19.29
54	683	Robert WARNER	Blackburn Harriers	Mid Lancs	19.32
55	275	Harry ROBERTSON	Oxford City AC		19.33
56	236	Chris GOODWIN	West Cheshire AC		19.34
57	201	Jordan ALI	Ipswich Harriers		19.37
58	885	Callum MASON	Lancaster & Morecambe AC	Mid Lancs	19.38
59	702	Jack SCARR	Blackpool Wyre & Fylde AC	Mid Lancs	19.38
60	273	Garry RANKIN	Kilbarchan AAC		19.39





# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## U17 Men - 5.5km

Posn	Bib		Club	League	Time
61	292	Jamie WHITE	St Helens Sutton AC		19.39
62	280	William SHERIDAN	Menai T&F AC		19.40
63	226	Tommie DRURY	Hillingdon AC		19.41
64	232	Thomas FRANCIS	City Of Norwich AC		19.46
65	1240	Mark LOVERIDGE	Liverpool Harriers	Mid Lancs	19.47
66	297	Daniel CHESWORTH	Newport H AC		19.47
67	241	Craig HAXTON	Kilbarchan AAC		19.48
68	243	Edward HEWITT	Nene Valley Harriers		19.48
69	242	Karnvir HAYER	ESM AC		19.49
70	295	McDonald THOMAS	Kilbarchan AAC		19.50
71	208	Adam BATESON	Lancaster & Morcambe AC		19.52
72	271	Gregory PROCTOR	Blackheath & Bromley H AC		19.53
73	299	Jamie COZENS	Sphinx AC		19.53
74	984	Mike BRIDE	Liverpool Pembroke & Sefton H	Mid Lancs	19.54
75	887	Liam MCGUINNESS	Lancaster & Morecambe AC	Mid Lancs	19.58
76	294	Sam YATES	Ribble Valley AC		19.59
77	262	Jack NIXON	Stockport H		20.00
78	985	Sean KIRKBRIDE	Liverpool Pembroke & Sefton H	Mid Lancs	20.01
79	265	Tim ORR	Border H		20.03
80	277	Jack ROSS	Staffords Morlands AC		20.06
81	231	Stuart FERGUSON	Radley AC		20.15
82	211	Alex BRECKER	City of Stoke AC		20.16
83	229	James ELLIS	Warrington AC		20.16
84	255	Alex LANTZ	Meirionnydd		20.17
85	651	Jonathon BENSON	Barrow & Furness Striders	Mid Lancs	20.21
86	214	Chris CHARLES	ESM AC		20.22
87	250	Daniel JEPSON	City of Sheffield AC		20.22
88	258	Andrew MILES	Vale Royal AC		20.23
89	284	Mark SPEIGHT	Hillingdon AC		20.25
90	252	Daniel JOHNSON	Bolton HARRIERS		20.25
91	223	Tom DAVIS	Bridgend AC		20.26
92	989	Mike WILSON	Liverpool Pembroke & Sefton H	Mid Lancs	20.36
93	266	Robert OVERNEY	North Devon AC		20.38
94	245	Rhys HINTON-SMITH	Ipswich Harriers		20.39
95	799	Sam TILL	Dallam AC	Mid Lancs	20.43
96	296	Nathan THOMPSON	Cumberland FR		20.49
97	269	Marcus PRICE	Cwmbran Harriers		20.49
98	202	Archie ALLEN-JONES	Ealing S&M AC		20.50
99	244	Daniel HILLMAN	Coventry Godiva H		20.55
100	836	Zac HOWE	Horwich RMI Harriers	Mid Lancs	21.07
101	228	David EDWARDS	Kettering Town Harriers		21.12
102	2113	Stephen SIMPSON	Wirral AC		21.13
103	1068	Calum ROWETT	Preston Harriers	Mid Lancs	21.23
104	249	Owain JAMES	Menai T&F AC		21.27
105	709	Adam WEIGHTMAN	Blackpool Wyre & Fylde AC	Mid Lancs	21.30
106	1093	Ryan HODGSON	Ribble Valley AC	Mid Lancs	21.48
107	263	George OLIVER	Deeside AC		21.49
108	212	Joe BROOME	City of Stoke AC		21.58
109	217	James CODY	Oxford City Athletic Club		22.06
110	766	Tom BELCHER	Chorley Harriers & AC	Mid Lancs	22.10
111	763	Ryan DOWNS	Chorley Harriers & AC	Mid Lancs	22.13
112	300	Timothy GORDON	Wirral AC		22.14
113	1095	Mark HOLLOWELL	Preston Harriers	Mid Lancs	23.19
114	1092	Will CAPSTICK	Ribble Valley AC	Mid Lancs	24.13



# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## U20 Men - 6.7km

Posn	Bib	Runner	Club	League	Time
1	219	Richard GOODMAN	Shaftsbury Barnet H		19.39
2	277	James WILKINSON	Leeds City AC		19.43
3	228	Jonathan HAY	Aldershot F&D AC		19.45
4	227	Callum HAWKINS	Kilbarchan AAC		19.47
5	220	Nick GOOLAB	Belgrave Harriers		19.49
6	218	Matthew GILLESPIE	Shettleston Harriers		19.50
7	192	Jonathan BROWNLEE	Bingley Harriers		19.53
8	184	Phillip BERNTSEN	winchester ac		20.06
9	247	Ross MURRAY	Gateshead Harriers		20.12
10	296	Richard PETERS	Bristol & West AC		20.14
11	211	Tom CURR	Stroud and District AC		20.17
12	204	Daniel CLORLEY	Luton AC		20.19
13	214	Harry ELLIS	Warrington ac		20.21
14	233	Simon HORSFIELD	East Cheshire H		20.27
15	246	John MCDONNELL	Luton AC		20.28
16	235	Philip HURST	Elswick		20.30
17	267	Carl SMITH	Leeds City		20.31
18	234	Ben HUNTER	Southend AC		20.34
19	299	Shaun WEBB	Ipswich Harriers		20.35
20	262	Ryan SAUNDERS	Bournemouth AC		20.36
21	242	Charlie MACLEAN	Taunton AC		20.36
22	185	Russ BEST	New Marske Harriers		20.39
23	203	Daniel CLIFFE	Warrington A.C		20.41
24	231	Andrew HEYES	Hallamshire Harriers		20.42
25	205	Andy COMBS	Tonbridge AC		20.46
26	193	Alex BRUCE-LITTLEWOOD	Blackheath & Bromley H		20.48
27	223	Dewi GRIFFITHS	Carmarthen Harriers		20.50
28	215	Niall FLEMING	Shaftsbury Barnet H		20.52
29	269	Sam STABLER	Owls AC		20.55
30	191	Stephen BROADHURST	Warrington		20.58
31	252	Elliot PALMER	Ipswich Harriers		21.00
32	230	Alexander HENDRY	Central Athletics Club		21.02
33	225	Jack HALLAS	Wakefield Harriers		21.05
34	187	Adam BITCHELL	Cardiff AC		21.07
35	265	Jake SHELLEY	Shaftsbury Barnet H		21.09
36	272	Paul THOMPSON	Birmingham Rowheath		21.12
37	251	Lachlan OATES	Shettleston Harriers		21.13
38	249	Josh NORMAN	Owls AC		21.14
39	297	Sean REILLY	Central AC		21.15
40	208	Matthew CREHAN	St. Helens Sutton		21.16
41	224	Daniel HALLAM	Owls AC Leicester		21.17
42	279	Matthew WITHEY	Stroud A.C		21.21
43	186	Karl BILLINGTON	Blackburn H		21.22
44	217	Robert GALT	Stroud AC		21.23
45	226	Christopher HARVEY	Cannock & Stafford AC		21.24
46	259	Jaimie RODEN	Sale Harriers		21.24
47	257	Mickey REED	Aldershot F&D AC		21.24
48	266	Robbie SIMPSON	Banchory Stonehaven AC		21.27
49	181	Matthew ALLOTT	Staffs Moorlands AC		21.28
50	195	Andrew BUTCHART	Central Athletics		21.30
51	199	Ricky CHALLINOR	Liverpool harriers		21.30
52	263	Danny SCOFIELD	Scarborough AC		21.33
53	209	Andrew CRICHTON	Edinburgh AC		21.33
54	260	Andrew ROOKE	Ipswich Harriers		21.33
55	222	Joe GRATTON	Hallamshire H		21.35
56	291	Tom ANDERSON	Winchester & D AC		21.36
57	254	Chris PERRY	Vale Royal		21.37
58	241	Jamie KNAPP	Winchester & District		21.40
59	284	Paul LECK	Kilbarchan AAC		21.41
60	289	Christopher WRIGHT	Nene Valley Harriers		21.43





# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## U20 Men - 6.7km

Posn	Bib	Runner	Club	League	Time
61	201	Adam CLARKE	Hastings AC		21.43
62	190	Sam BRADLEY	Tonbridge AC		21.43
63	288	Dale WORTON	Leeds City AC		21.45
64	221	Josh GORECKI	Aldershot F & D AC		21.45
65	212	Joseph DALGLEISH	Westbury Harriers		21.46
66	256	Davey PLATT	Bideford AC		21.48
67	198	Thomas CARSON	Bolton United Harriers		21.49
68	271	Paul THOMPSON	Nottingham AC		21.51
69	207	Kyle CRAIB	Rotherham H		21.52
70	300	Jason PRICKETT	Invicta East Kent		21.54
71	188	Christian BOOKER	Halesowen		21.55
72	206	Alex CORNWELL	Woodford Green + EL		21.58
73	258	Andrew RIDLEY	University of Birmingham		22.00
74	264	Robbie SCOFIELD	Newham & Essex Beagles		22.00
75	183	Geoff BELCHER	Leeds City AC		22.02
76	239	Michael KERSHAW	Cwmbran H		22.02
77	273	Timothy TRAYNOR	White Horse Harriers		22.09
78	244	Richard MANN	Hillingdon AC		22.10
79	255	Blayne PICK	Notts ac		22.14
80	278	Matthew WILLMOTT	Marshall Milton Keynes		22.20
81	280	Ryan WORLAND	Sale Harriers		22.21
82	216	Stephen FLEMING	Kilbarchan		22.23
83	275	Elliot VERNON	Stubbington Green R&AC		22.26
84	292	Edward GUNBY	Peterborough AC		22.31
85	236	Mathew JACKSON	Warrington AC		22.34
86	210	Edd CROWTHER	Vale Royal AC		22.38
87	293	Frazer JARDINE	Bolton U Harriers		22.38
88	295	Dan MAPP	Bideford AAC		22.38
89	268	Tom SMITH	Kingston upon Hull AC		22.42
90	283	David LAMBE	Dunleer AC		22.44
91	202	Andrew CLEWS	Vale Royal AC		22.46
92	286	Josh ROWE	Kingston Upon Hull AC		23.03
93	287	Ben SNOWBALL	AFD		23.09
94	229	Liam HENDRICKEN	City of Stoke AC		23.25
95	238	Andrew KAIGHIN	Cheltenham H		23.30
96	281	Stuart CAMERON	Stockport H		23.35
97	213	Danny DAVIS	Leeds City AC		23.36
98	274	James VERNAU	Nene Valley Harriers		23.38
99	237	Howard THOMPSON	Kingston U Hull AC		24.08
100	294	Josh LUNN	Nene Valley H		24.28
101	197	Edward CAMPBELL	Hillingdon AC		24.44
102	253	Andrew PERRY	Vale Royal		24.55
103	2122	Jake HEALY	St Helen's Sutton		25.13
104	200	Steven CLAGUE	St Helens-Sutton AC		25.31



# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## Senior Women - 8.1km

Posn	Bib	Runner	Age Group	Club	League	Time
1	57	Hayley YELLING	SenW	Windsor S Eton & H		26.26
2	36	Freya MURRAY	SenW	Chester le Street		26.37
3	90	Jessica SPARKE	U23W	Woodford Green & Essex L		26.53
4	53	Katrina WOOTTON	SenW	Bedford and County AC		27.12
5	26	Laura KENNEY	SenW	Royal Sutton Coldfield		27.21
6	44	Sonia SAMUELS	SenW	Sale Harriers Manchester		27.23
7	87	Hollie ROWLAND	U23W	City of Norwich AC		27.30
8	9	Lauren DEADMAN	SenW	Havering Mayesbrook AC		27.30
9	35	Felicity MILTON	SenW	Woodford Green & Essex L		27.35
10	119	Stevie STOCKTON	U23W	Vale Royal AC / Loughborough U		27.37
11	52	Jo WILKINSON	SenW	Bedford and county AC		27.39
12	72	Natalie GRAY	U23W	Medway and Maidstone		27.44
13	55	Tara KRZYWICKI	SenW	Charnwood AC		27.45
14	14	Claire HALLISSEY	SenW	Bristol and West AC		27.47
15	859	Rebecca ROBINSON	SenW	Kendal AAC	Mid Lancs	27.49
16	2	Julia BLEASDALE	SenW	Thames Hare and Hounds		27.50
17	16	Justina HESLOP	SenW	Clapham Chasers		27.53
18	71	Rose-Anne GALLIGAN	U23W	Gloucester AC		27.53
19	48	Gemma STEEL	SenW	Charnwood AC		27.54
20	122	Faye FULLERTON	SenW	Havering Mayesbrook AC		27.55
21	39	Beckyp PENTY	SenW	City of York		28.03
22	10	Hatti DEAN	SenW	Hallamshire Harriers		28.07
23	12	Kate GOODHEAD	SenW	Bristol and West		28.09
24	68	Hannah ENGLAND	U23W	Oxford City AC		28.09
25	81	Kirsty MILNER	U23W	Trafford AC / Loughborough		28.15
26	82	Tina MUIR	U23W	Unattached		28.17
27	42	Rebekah RANDELL	SenW	Bristol & West		28.19
28	32	Claire MARTIN	SenW	Telford AC		28.21
29	91	Katherine SPARKE	U23W	Woodford Green & Essex L		28.40
30	5	Tina BROWN	SenW	Coventry Godiva Harriers		28.44
31	1	Emily ADAMS	SenW	Aldershot F&D AC		28.47
32	89	Linzi SNOW	U23W	Woodford Green & Essex L		28.50
33	20	Caroline HOYTE	SenW	Arena 80		28.51
34	43	Julia RUSSELL	SenW	Hallamshire Harriers		28.57
35	61	Catherine ANSELL	U23W	Telford AC		28.59
36	33	Sarah MAUDE	SenW	Charnwood AC		29.06
37	64	Elspeth CURRAN	U23W	Scotland		29.07
38	18	Claire HOLME	SenW	Ipswich H		29.11
39	62	Georgie BRUINVELS	U23W	South London Harriers		29.15
40	69	Jacqueline FAIRCHILD	U23W	Trafford AC		29.17
41	902	Rebecca HOWARTH	SenW	Leigh Harriers	Mid Lancs	29.24
42	60	Imogen AINSWORTH	U23W	Bristol & West AC		29.32
43	79	Joanne MADDICK	U23W	Kingston U Hull AC		29.35
44	67	Sian EDWARDS	U23W	Kettering Town H		29.37
45	7	Amy CAMPBELL	SenW	Southampton RC		29.43
46	40	Louise PERRIO	SenW	Guernsey AC		29.51
47	19	Sarah HOOD	SenW	Edinburgh AC		29.58
48	74	Caryl JONES	U23W	Trots		30.08
49	84	Natasha PETERS	U23W	Bedford and County AC		30.12
50	94	Sarah WALDRON	U23W	Shaftesbury Barnet H		30.22
51	22	Amanda JONES	SenW	Combined Services		30.38
52	29	Anna LUPTON	SenW	Radcliffe AC		30.40
53	97	Emma LANGDELL	U23W	Royal Sutton Coldfield AC		30.43
54	98	Alexandra SNOOK	U23W	Loughborough Students		30.45
55	601	Sarah RIDEHALGH	SenW	Accrington RR	Mid Lancs	30.45
56	80	Robyn MATSON	U23W	Havering Mayesbrook A.C		30.48
57	66	Natasha DOEL	U23W	Aldershot F&D AC		30.49
58	56	Ruth PROCTOR	SenW	Hallamshire Harriers		30.52
59	844	Lindsey BRINDLE	SenW	Horwich RMI Harriers	Mid Lancs	31.06
60	991	Kirsty LONGELEY	SenW	Liverpool Pembroke & Sefton H	Mid Lancs	31.17





# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## Senior Women - 8.1km

Posn	Bib	Runner	Age Group	Club	League	Time
61	2117	Kate BEECHER	SenW	Les Croupiers Cardiff		31.18
62	1091	Michel KOORNHOFF	U17M	Ribble Valley AC	Mid Lancs	31.31
63	1242	Sam HOWARD-DEAN	SenW	Southport Waterloo AC	Mid Lancs	31.35
64	45	Gemma SHARP	SenW	Arena 80		31.37
65	95	Abby WILSON	U23W	Darlington Harriers		31.38
66	78	Nicola MADDICK	U23W	Kingston U Hull AC		31.44
67	15	Kelley HANIVER	SenW	Combined Services		31.55
68	993	Lindsay DOYLE	SenW	Liverpool Pembroke & Sefton H	Mid Lancs	31.57
69	1182	Tracey DUTTON	F V35	Wigan Phoenix	Mid Lancs	32.00
70	13	Gail GRIFFITHS	SenW	Manx Harriers		32.14
71	92	Sophie TOWNEND	U23W	Combined Services		32.20
72	781	Katie TRICKETT	SenW	Clayton Le Moors Harriers	Mid Lancs	32.23
73	70	Jessica FAWCETT	U23W	Rotherham Harriers & AC		32.26
74	63	Martha Jane CLARKE	U23W	Birmingham University AC		32.32
75	736	Rhiannon SILSON	SenW	Border Harriers	Mid Lancs	32.38
76	843	Emma PERRIN	SenW	Horwich RMI Harriers	Mid Lancs	32.40
77	2116	Libby O'DUFFY	SenW	Les Croupiers Cardiff		32.42
78	764	Lynne CLOUGH	F V35	Chorley Harriers & AC	Mid Lancs	32.50
79	1063	Amelia SUSULOWSKI	SenW	Preston Harriers	Mid Lancs	32.54
80	75	Ruth JOSS	U23W	Glasgow University H & H		33.00
81	295	???	???	???	???	33.08
82	65	Carly DAVIES	U23W	Stockport H		33.11
83	2107	Kate WILTSHIRE	SenW	Birmingham Uni		33.16
84	1181	Jayne TAYLOR	F V45	Wigan Phoenix	Mid Lancs	33.26
85	88	Claire SIMM	U23W	Shaftesbury Barnet		33.29
86	99	Kathryn STUART	U23W	Sphinx AC /Lough'gh Univ		33.31
87	609	Phillipa WALSH	SenW	Preston Harriers	Mid Lancs	33.48
88	1110	Emma FLANAGAN	U20W	Rossendale AC	Mid Lancs	33.54
89	501			Spectrum Striders	L&D	33.59
90	23	Lanne JONES	SenW	Combined Services		34.11
91	602	Debbie GOWANS	F V45	Accrington RR	Mid Lancs	34.26
92	2115	Jem SALTER	SenW	Les Croupiers Cardiff		34.29
93	21	Ruth ISAACS	SenW	Chester TRI		34.42
94	654	Katie SAVAGE	SenW	Barrow & Furness Striders	Mid Lancs	35.10
95	604	Gretel JACKSON	SenW	Accrington RR	Mid Lancs	35.17
96	603	Vicci MOUSELY	SenW	Accrington RR	Mid Lancs	35.20
97	3	Julia BLOOMER	SenW	Combined Services		35.23
98	1185	Andrea MUIRHEAD	SenW	Wigan Phoenix	Mid Lancs	35.27
99	1234	Sue SHARP	F V45	Mid Lancashire League Pool	Mid Lancs	35.30
100	842	Michelle DEVINE	SenW	Horwich RMI Harriers	Mid Lancs	35.35
101	1000	Melanie KOTH	F V35	Lytham St Annes RRC	Mid Lancs	35.37
102	992	Catherine TERRY	SenW	Liverpool Pembroke & Sefton H	Mid Lancs	35.38
103	1249	Emma ESSEX-CROSBY	SenW	Preston Harriers	Mid Lancs	36.00
104	1106	Sharon MCGUIRE	F V35	Rossendale AC	Mid Lancs	36.19
105	25	Sarah KEARNEY	SenW	Wirral AC		37.18
106	1131	Michelle SPENCER	SenW	Southport Waterloo AC	Mid Lancs	37.27
107	1219	Laura MORRIS	SenW	Lancaster & Morecambe AC	Mid Lancs	37.28
108	1187	Kathryn CULSHAW	SenW	Wigan Phoenix	Mid Lancs	37.36
109	760	Anna Maria CRABTREE	F V35	Chorley Harriers & AC	Mid Lancs	37.53
110	11	Jeanette FOX	SenW	Wirral AC		37.55
111	1233	Lou LYNESS	M V60	Mid Lancashire League Pool	Mid Lancs	38.03
112	860	Dianne PRIESTLEY	F V55	Kendal AAC	Mid Lancs	38.11
113	1053	Sharon TRUSCH	F V35	Preston Harriers	Mid Lancs	38.23
114	626	Sue HOPKINS	SenW	Astley & Tyldesley RR	Mid Lancs	38.31
115	100	Kavita SOLDER	U23W	Woodford Green Essex B		38.41
116	1098	Robyn ANDERSON	SenM	Preston Harriers	Mid Lancs	38.48
117	1223	Jayne PERRY	SenM	Lancaster & Morecambe AC	Mid Lancs	38.57
118	632	Brenda WANE	F V45	Astley & Tyldesley RR	Mid Lancs	39.05
119	777	Wendy DODDS	F V55	Clayton Le Moors Harriers	Mid Lancs	39.29
120	840	Christine BOARDMAN	SenW	Horwich RMI Harriers	Mid Lancs	39.37





# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## Senior Women - 8.1km

Posn	Bib	Runner	Age Group	Club	League	Time
121	1004	Lucinda MCNIVEN	SenW	Lytham St Annes RRC	Mid Lancs	39.41
122	2114	Liz ASHTON	SenW	Les Croupiers Cardiff		39.46
123	1217	Kathy WINROW	F V45	Lancaster & Morecambe AC	Mid Lancs	39.56
124	1243	Carol HINDLEY	SenW	Southport Waterloo AC	Mid Lancs	40.00
125	631	Lyndsey CARTER	SenW	Astley & Tyldesley RR	Mid Lancs	40.11
126	1005	Laura ASHWORTH	SenW	Lytham St Annes RRC	Mid Lancs	40.21
127	613	Elizabeth INGLAND	SenW	Allithwaite & District	Mid Lancs	40.33
128	1007	Julia ROLFE	F V45	Lytham St Annes RRC	Mid Lancs	40.38
129	1245	Carol WRIGHT	SenW	Southport Waterloo AC	Mid Lancs	40.40
130	2121	Lindsey SMITH	SenW	Unattached		40.46
131	2120	Joanne GRIFFITHS	SenW	Unattached		40.46
132	1247	Carole JAMES	SenW	Mid Lancashire League Pool	Mid Lancs	40.47
133	1072	Joan GOLDTHORPE	F V55	Red Rose Runners	Mid Lancs	40.49
134	400			Penny Lane Striders	L&D	40.52
135	286	???	???	???	???	41.05
136	1071	Anne WALLWORTH	F V45	Red Rose Runners	Mid Lancs	41.26
137	1241	Rachel THOMAS	SenW	Southport Waterloo AC	Mid Lancs	41.48
138	803	Sheena COTTAM	F V35	Garstang Running Club	Mid Lancs	41.55
139	776	Katy THOMPSON	F V55	Clayton Le Moors Harriers	Mid Lancs	42.16
140	31	Christine MARSHALL	SenW	Oxford City AC		42.21
141	630	Carole BAINES	F V45	Astley & Tyldesley RR	Mid Lancs	42.39
142	1073	Glena DOBIE	F V45	Red Rose Runners	Mid Lancs	42.48
143	667	Helen WALKER	U15G	Barrow & Furness Striders	Mid Lancs	42.57
144	1075	Becky NOBLETT	F V35	Red Rose Runners	Mid Lancs	43.03
145	804	Helen WILSON	F V35	Garstang Running Club	Mid Lancs	43.15
146	1226	Faye HOLDEN	SenW	Pendle AC	Mid Lancs	43.59
147	288	???	???	???	???	44.02
148	1074	Sally CAPE	F V35	Red Rose Runners	Mid Lancs	44.47
149	1006	Pam HARDMAN	F V45	Lytham St Annes RRC	Mid Lancs	44.49
150	1250	Judith DEAKIN	SenW	Preston Harriers	Mid Lancs	45.07
151	1224	Christine PERRY	F V45	Lancaster & Morecambe AC	Mid Lancs	45.38
152	1244	Sue STEWART	SenW	Southport Waterloo AC	Mid Lancs	45.49
153	787	Karen GOSS	F V55	Clayton Le Moors Harriers	Mid Lancs	46.06
154	1246	Niz BOWKER	SenW	Southport Waterloo AC	Mid Lancs	46.55
155	287	???	???	???	???	47.38
156	786	Sue ALLEN	F V45	Clayton Le Moors Harriers	Mid Lancs	48.39
157	1003	Dawn LOCK	F V55	Lytham St Annes RRC	Mid Lancs	57.54



# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
1	67	Michael SKINNER	Sen M	Blackheath & Bromley H AC		28.36
2	162	Moumin GEELE		Newham & Essex Beagles		28.37
3	76	Benedict WHITBY	Sen M	Windsor SE & Hounslow		28.40
4	135	Ricky STEVENSON	U23M	New Marske Harriers		28.41
5	72	Andy VERNON	Sen M	Aldershot F&D AC		28.42
6	70	Tsegi TEWELDE	Sen M	Shettleston H		28.45
7	79	Phil WICKS	Sen M	Belgrave H		28.46
8	2119	Scott OVERALL	SenM	Blackheath H		28.54
9	49	Lee MERRIEN	Sen M	Newham & Essex Beagles		29.05
10	48	Teweldeberhan MENGISTEAB	Sen M	Shettleston H		29.09
11	141	Lewis TIMMINS	U23M	Morpeth Harriers		29.09
12	54	Dave NORMAN	Sen M	Altrincham & District AC		29.10
13	24	Antony FORD	Sen M	Sale Harriers AC		29.16
14	103	Ashley HARRELL	U23M	City of Norwich AC		29.19
15	98	Mitch GOOSE	U23M	City of Norwich AC		29.21
16	21	Mark DRAPER	Sen M	Bedford & County AC		29.22
17	32	Neilson HALL	Sen M	Bedford & County AC		29.23
18	188	Ryan MCLEOD	Sen M	Tipton Harriers		29.23
19	186	Alastair HAY	Sen M	Central AC		29.24
20	139	Jonathan TAYLOR	U23M	Morpeth Harriers		29.25
21	86	Alistair BROWNLEE	U23M	Bingley Harriers		29.26
22	126	John PEPPER	U23M	Enfield & Harringey AC		29.28
23	33	Kevin HEYWOOD	Sen M	Bideford AAC		29.29
24	104	Derek HAWKINS	U23M	Kilbarchan AAC		29.32
25	82	Phil WYLIE	Sen M	Bristol & West AC		29.45
26	160	Rory CHESSE		Newham & Essex Beagles		29.46
27	81	Tsegezeab WOLDERMICHAEL	Sen M	Shettleston H		29.50
28	111	Ben LINDSAY	U23M	Aldershot F&D AC		29.51
29	65	Tom RUSSELL	Sen M	Bristol and West AC		29.53
30	17	Darren DEED	Sen M	Bedford and County A/C		29.54
31	178	Bruce RAESIDE	Sen M	Notts AC		29.59
32	2106	Nathaniel LANE	SenM	Cardiff AAC		30.00
33	34	Phil HINCH	Sen M	Tipton Harriers AC		30.01
34	27	Jonathan GILBY	Sen M	Derby AC		30.01
35	150	Andrew WILES	U23M	New Marske H		30.02
36	101	Craig GUNDERSEN	U23M	Liverpool Harriers		30.04
37	53	Florian NEUSCHWANDER	Sen M	LG Stadtwerke München		30.10
38	6	David BRUCE	Sen M	Highgate Harriers		30.12
39	18	Tom DOE	Sen M	Lincoln Wellington AC		30.13
40	7	Robert BUGDEN	Sen M	Combined Services		30.15
41	176	Dean LACEY	Sen M	Unattached		30.18
42	62	Paul RODGERS	Sen M	Aldershot F&D AC		30.19
43	138	Nick SWINBURN	U23M	Morpeth Harriers		30.20
44	114	Jack MARTIN	U23M	Sunderland Harriers		30.21
45	74	Richard WEIR	Sen M	Derby AC		30.21
46	113	Tom MARSHALL	U23M	Cardiff AAC		30.25
47	2108	Chris WARBURTON	SenM	Notts AC		30.30
48	163	Kairn STONE		Newham & Essex Beagles		30.33
49	144	James TROLLOPE	U23M	Birchfield Harriers		30.34
50	58	Neil PHILLIPS	Sen M	Aldershot F&D AC		30.37
51	147	David WESTBURY	U23M	Derby AC		30.38
52	2	Mathew ASHTON	Sen M	Aldershot F&D AC		30.40
53	1	Matthew ARMSTRONG	Sen M	Coventry Godiva		30.42
54	106	Craig HOPKINS	U23M	Swansea H		30.44
55	90	Alex DERRICOTT	U23M	Staffordshire Moorlands		30.45
56	153	Conor MCNULTY	U23M	Kilbarchan AAC		30.47
57	22	Matthew DUMIGAN	Sen M	Worthing & Dist H		30.47
58	131	Craig RUDDY	U23M	Inverclyde A.C		30.49
59	31	Amanuel HAGOS	Sen M	Shettleston H		30.50
60	100	Matt GUNBY	U23M	Woddford Green EL		30.53





# THE McCAIN LIVERPOOL CROSS CHALLENGE

Saturday 28 November 2009

Sefton Park, Liverpool



## Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
61	172	Jethro LENNOX		Shettleston H		30.54
62	102	Sean HALL	U23M	Gateshead Harriers		30.57
63	94	Sebastian FOY	U23M	Cheltenham Harriers AC		30.58
64	35	Martin HILTON	Sen M	Leeds City		31.01
65	253	Richie BURNEY		Liverpool Harriers	L&D	31.02
66	1097	Chris LIVESEY	SenM	Preston Harriers	Mid Lancs	31.03
67	140	Ieuan THOMAS	U23M	Cwmbran Harriers		31.04
68	123	Andy NIXON	U23M	Stockport H		31.07
69	50	Tom MERSON	Sen M	Bristol and West AC		31.09
70	174	Christopher DISCOMBE	Sen M	Les Croupiers		31.12
71	87	Matthew CLOWES	U23M	Staffs Moorlands AC		31.12
72	133	Ander RUSSELL	U23M	Stroud Athletics Club		31.14
73	96	Steve GALLIENNE	U23M	Bristol & West AC		31.16
74	2112	Dan GARBUTT	SenM	Durham Harriers		31.17
75	247	Adam PEERS		Liverpool Harriers	L&D	31.19
76	69	Sullivan SMITH	Sen M	Swansea Harriers		31.20
77	37	Marc HOBBS	Sen M	Swansea Harriers		31.23
78	52	Sam MITCHELL	Sen M	Combined Services		31.24
79	149	Paul WHITTAKER	U23M	Southend AC		31.25
80	145	Joseph WADE	U23M	Aldershot		31.25
81	192	James THIE	Sen M	Cardiff AAC		31.27
82	128	Gary PRIESTLEY	U23M	Horwich RMI Harriers		31.28
83	248	Lewis MOSES		Guest	L&D	31.28
84	61	Steven ROBINSON	Sen M	Combined Services		31.29
85	36	Lewys HOBBS	Sen M	Swansea Harriers		31.30
86	43	Kevin LOUNDES	Sen M	Manx Harriers		31.30
87	93	David FORRESTER	U23M	St Helens Sutton AC		31.33
88	161	Samatar FARAH		Newham & Essex Beagles		31.36
89	143	Joe TOWNSEND	U23M	Leeds City A.C.		31.38
90	63	David ROPER	Sen M	Cheltenham Harriers		31.43
91	16	Mike DEASON	Sen M	Shettleston H		31.44
92	121	Stephen MITCHELL	U23M	Bristol and West AC		31.44
93	122	Ritchie NICHOLLS	U23M	Swansea Harriers		31.45
94	125	Jack PARSLOW	U23M	Shaftsbury and Barnet		31.48
95	650	Peter HUCK	U20M	Barrow & Furness Striders	Mid Lancs	31.48
96	202	Kenneth SVENDSEN		Chester Tri	L&D	31.50
97	116	Peter MATTHEWS	U23M	Blackburn Harriers		31.52
98	108	Stu HUNTINGTON	U23M	City of Norwich AC		31.58
99	737	James DOUGLAS	SenM	Border Harriers	Mid Lancs	31.59
100	246	James ADIE		Liverpool Harriers	L&D	32.00
101	42	Job KING	Sen M	Coventry Godiva Harriers		32.00
102	20	Andrew DOUGLAS	Sen M	Caithness AAC		32.01
103	502	Caroline JONES		Spectrum Striders	L&D	32.04
104	132	Alasdair RUSSELL	U23M	Kendal AAC		32.08
105	28	Carl GOOSE	Sen M	City of Norwich AC		32.12
106	77	Kieren WHITE	Sen M	Combined Services		32.17
107	13	Lee DALTON	Sen M	Army AC		32.17
108	142	Alex TOVEY	U23M	Windsor SE & Hounslow		32.18
109	466	Rob BERRY		Southport Waterloo AC	L&D	32.25
110	89	Tom CUNNINGHAM	U23M	Blackpool Wyre & Fylde AC		32.28
111	146	Alex WALL-CLARKE	U23M	Team Southampton		32.31
112	170	Thomas FAY	U23M	Shettleston Harriers		32.33
113	1070	David RIGBY	U23M	Preston Harriers	Mid Lancs	32.37
114	95	Andrew FRIEND	U23M	Cardiff AAC		32.38
115	4	Matthew BARNES-SMITH	Sen M	Ipswich Harriers		32.39
116	1067	Nathan BIBBY	SenM	Preston Harriers	Mid Lancs	32.40
117	182	David CARRIE	Sen M	Dunleer AC		32.41
118	644	Bob ATKINSON	M V50	Barrow & Furness Striders	Mid Lancs	32.42
119	256	Mark KEELEY		Liverpool Harriers	L&D	32.42
120	30	Neil GUNSTONE	Sen M	Dundee Hawkhill Harriers		32.44





# THE McCAIN LIVERPOOL CROSS CHALLENGE

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## Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
121	462	Richie SHEARER		Southport Waterloo AC	L&D	32.46
122	118	James MEE	U23M	Mansfield Harriers & A.C		32.48
123	180	Sam DALGLEISH	U23M	Westbury Harriers		32.50
124	57	Craig PEARSON	Sen M	Cannock and Stafford AC		32.53
125	12	Mark CROASDALE	Sen M	Combined Services		32.55
126	712	Malc EADIE	M V40	Blackpool Wyre & Fylde AC	Mid Lancs	32.57
127	137	Jack SWALLOW	U23M	Crawley AC		32.59
128	75	Steven WHITAKER	Sen M	Southend AC		33.01
129	11	Brian COLE	Sen M	Combined Services		33.04
130	112	Tom MADDEN	U23M	Coventry Godiva Harriers		33.07
131	807	Mike WHYATT	M V45	Garstang Running Club	Mid Lancs	33.10
132	483	Joe VIS		Southport Waterloo AC	L&D	33.11
133	130	Nathan RIDING	U23M	Newham & Essex Beagles		33.16
134	92	James FAIRBOURN	U23M	Belgrave Harriers		33.20
135	1152	Charlie PASS	SenM	Wesham Road Runners	Mid Lancs	33.21
136	110	Kristopher LECHER	U23M	Kingston upon Hull AC		33.23
137	71	Alan TURNBULL	Sen M	Combined Services		33.25
138	26	Steven FREAR	Sen M	Combined Services		33.27
139	484	Pat VIS		Southport Waterloo AC	L&D	33.29
140	47	Thomas MCKEE	Sen M	Kingston upon Hull AC		33.30
141	686	Matt NUTTALL	M V40	Blackburn Harriers	Mid Lancs	33.32
142	646	Richard WALKER	SenM	Barrow & Furness Striders	Mid Lancs	33.34
143	952	Hannah BURGON	U15G	Liverpool Harriers	Mid Lancs	33.37
144	348	Paul SANKEY		Liverpool Running Club	L&D	33.37
145	151	Mark HOEY	U23M	Star of the Sea		33.39
146	36A	???	???	???	???	33.43
147	1222	Mark CHIPPENDALE	M V40	Lancaster & Morecambe AC	Mid Lancs	33.49
148	783	Mark ASPINALL	M V40	Clayton Le Moors Harriers	Mid Lancs	33.52
149	115	Ben MARTIN	U23M	Trafford AC		33.56
150	571	John HUNT		Wirral AC	L&D	33.57
151	120	Luke MINNS	U23M	Blackpool Wyre & Fylde AC		33.57
152	648	Phil WAITE	SenM	Barrow & Furness Striders	Mid Lancs	33.58
153	85	Stephen AUGER	U23M	Unattached		34.03
154	251	Colin POTTS		Liverpool Harriers	L&D	34.04
155	621	Gareth BOOTH	SenM	Horwich RMI Harriers	Mid Lancs	34.10
156	80	Jordan WILDRIANNE	U23M	Derby AC		34.12
157	618	Alastair MURRAY	SenM	Horwich RMI Harriers	Mid Lancs	34.14
158	1189	Michael O'NEILL	SenM	Wigan Phoenix	Mid Lancs	34.20
159	1183	David TOWNSEND	M V40	Wigan Phoenix	Mid Lancs	34.25
160	822	David FULFORD	SenM	Glaxo Hoad Hill Harriers	Mid Lancs	34.27
161	258	Adam CLANCY		Liverpool Harriers	L&D	34.29
162	821	Richard WATSON	SenM	Glaxo Hoad Hill Harriers	Mid Lancs	34.31
163	1259	???	???	???	???	34.34
164	858	Kieran ALDERSON	SenM	Kendal AAC	Mid Lancs	34.36
165	249	Ben BROWN		Liverpool Harriers	L&D	34.44
166	304	Bernie MURPHY		Liverpool Pembroke & Sefton H	L&D	34.47
167	901	John HOWARTH	M V45	Leigh Harriers	Mid Lancs	34.49
168	574	Mark HULMSTON		Wirral AC	L&D	34.53
169	479	Jay TARTT		Southport Waterloo AC	L&D	34.58
170	255	Simon MCKEVITT		Liverpool Harriers	L&D	34.59
171	1184	John MORRISSEY	SenM	Wigan Phoenix	Mid Lancs	35.03
172	1105	Jeremy GOLDTHORPE	M V40	Rossendale AC	Mid Lancs	35.03
173	2123	Jordan BURKE	SenM	Unattached		35.06
174	1191	Mark ROGERS	M V40	Wigan Phoenix	Mid Lancs	35.09
175	1235	Pat MILLER	M V40	Mid Lancashire League Pool	Mid Lancs	35.17
176	351	Nathan VENDASALEM		Liverpool Running Club	L&D	35.18
177	504	Ian BAMBER		Spectrum Striders	L&D	35.20
178	635	Simon FORD	SenM	Astley & Tyldesley RR	Mid Lancs	35.24
179	220	Michael DIAMOND		Chester Tri	L&D	35.26
180	254	Rob DEWHURST		Liverpool Harriers	L&D	35.28





# THE McCAIN LIVERPOOL CROSS CHALLENGE

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## Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
181	818	Jeffrey CHADWICK	M V40	Glaxo Hoad Hill Harriers	Mid Lancs	35.29
182	1200	Steve NICHOLLS	SenM	Wigan Phoenix	Mid Lancs	35.29
183	1220	Mark GARDNER	SenM	Lancaster & Morecambe AC	Mid Lancs	35.33
184	1228	Garry DIXON	SenM	Barrow & Furness Striders	Mid Lancs	35.35
185	347	Ian MCGILL		Liverpool Running Club	L&D	35.38
186	14	Stephen DAVIES	Sen M	Mansfield H & AC		35.42
187	1016	Mark LEE	M V45	Preston Harriers	Mid Lancs	35.45
188	471	Dave HAMILTON		Southport Waterloo AC	L&D	35.47
189	226	Adair BROUGHTON		Helsby (BICC) Running Club	L&D	35.47
190	820	Christopher HOWIE	M V40	Glaxo Hoad Hill Harriers	Mid Lancs	35.48
191	569	Kelvin DICKINSON		Wirral AC	L&D	35.50
192	346	Ian PALIN		Liverpool Running Club	L&D	35.52
193	784	David EDMONDSON	M V40	Clayton Le Moors Harriers	Mid Lancs	35.53
194	782	Ray LEES	M V50	Clayton Le Moors Harriers	Mid Lancs	35.54
195	1221	Jordan HARRIS	U20M	Lancaster & Morecambe AC	Mid Lancs	35.55
196	129	Chris PROTHERO	U23M	Cwmbran Harriers		35.56
197	465	Rob ASHWORTH		Southport Waterloo AC	L&D	36.01
198	816	Matt ROOKE	SenM	Glaxo Hoad Hill Harriers	Mid Lancs	36.05
199	1197	Chris WILSON	M V40	Wigan Phoenix	Mid Lancs	36.07
200	152	Alex JACKSON	U23M	Epsom and Ewell Harriers		36.08
201	517	Connor MCARDLE		Wallasey AC	L&D	36.12
202	647	Peter SAVAGE	SenM	Barrow & Furness Striders	Mid Lancs	36.14
203	481	Steve WILKINSON		Southport Waterloo AC	L&D	36.15
204	1201	Mohammed MANIR-JOLLEY	SenM	Wigan Phoenix	Mid Lancs	36.16
205	503	Nick JONES		Spectrum Striders	L&D	36.20
206	1153	Alex ROWE	M V50	Wesham Road Runners	Mid Lancs	36.22
207	718	Steve WATERHOUSE	M V40	Blackpool Wyre & Fylde AC	Mid Lancs	36.22
208	1218	David BROWN	U20M	Lancaster & Morecambe AC	Mid Lancs	36.30
209	474	Ben JOHNSON		Southport Waterloo AC	L&D	36.31
210	1104	Steve DUXBURY	M V50	Rossendale AC	Mid Lancs	36.32
211	619	Stephen NOLAN	SenM	Horwich RMI Harriers	Mid Lancs	36.34
212	297	Chris PEDDER ***		Liverpool Pembroke & Sefton H	L&D	36.34
213	303	Mark SALTER		Liverpool Pembroke & Sefton H	L&D	36.39
214	476	Gerry LENEHAN		Southport Waterloo AC	L&D	36.41
215	1014	David BARKER	M V50	Preston Harriers	Mid Lancs	36.41
216	624	David PARTINGTON	SenM	Preston Harriers	Mid Lancs	36.43
217	638	Dennis MEGSON	SenM	Horwich RMI Harriers	Mid Lancs	36.45
218	798	Chris BALDERSON	M V45	Clayton Le Moors Harriers	Mid Lancs	36.47
219	127	Jarratt PERKINS	U23M	Kingston Upon Hull AC		36.49
220	590	M ELSBY		Wirral AC	L&D	36.52
221	250	Ray COLE		Liverpool Harriers	L&D	36.56
222	201	Peter BROOK		Chester Tri	L&D	36.58
223	23	Simon ELLIS	Sen M	Tattenhall		37.02
224	788	Paul ARCHER	M V40	Clayton Le Moors Harriers	Mid Lancs	37.05
225	190	Alex POTTER	Sen M	Unattached		37.05
226	464	Peter ROOME		Southport Waterloo AC	L&D	37.07
227	900	Alister GOULDING	M V45	Leigh Harriers	Mid Lancs	37.11
228	443	John THOMPSON		Skelmersdale Boundary H	L&D	37.12
229	461	Steve MCLEAN		Southport Waterloo AC	L&D	37.20
230	611	Michael O'DONNELL	SenM	Preston Harriers	Mid Lancs	37.23
231	2126	Rob MARSH		St Helens Sutton AC	L&D	37.24
232	595	Graham EARLAM		Ellesmere Port RC	L&D	37.27
233	891	Paul HODGSON	U20M	Lancaster & Morecambe AC	Mid Lancs	37.30
234	530	Tony BARBAT		Wallasey AC	L&D	37.33
235	649	Simon STANWAY	M V40	Barrow & Furness Striders	Mid Lancs	37.34
236	467	Rick BOWKER		Southport Waterloo AC	L&D	37.39
237	617	Gary WILSON	SenM	Preston Harriers	Mid Lancs	37.42
238	1085	Abbie THISTLETHWAITE	U17W	Ribble Valley AC	Mid Lancs	37.43
239	780	Dave MOTLEY	SenM	Clayton Le Moors Harriers	Mid Lancs	37.44
240	607	Ray KENNY	SenM	Preston Harriers	Mid Lancs	37.44





# THE McCAIN LIVERPOOL CROSS CHALLENGE

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Sefton Park, Liverpool



## Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
241	895	Andy ARNOLD	SenM	Leigh Harriers	Mid Lancs	37.45
242	512	Paul WALTON		Wallasey AC	L&D	37.46
243	645	Dave PARKER	M V40	Barrow & Furness Striders	Mid Lancs	37.47
244	808	Philip CORNALL	SenM	Garstang Running Club	Mid Lancs	37.49
245	779	Colin SHUTTLEWORTH	M V50	Clayton Le Moors Harriers	Mid Lancs	37.52
246	477	Keith MIDDLEMAN		Southport Waterloo AC	L&D	37.55
247	797	Neil WORSLEY	M V40	Clayton Le Moors Harriers	Mid Lancs	37.56
248	470	Chris DUNN		Southport Waterloo AC	L&D	37.57
249	815	Mark SAUNDERS	SenM	Glaxo Hoad Hill Harriers	Mid Lancs	37.59
250	639	John RAINFORD	M V45	Preston Harriers	Mid Lancs	37.59
251	1188	Kevin EDWARD	M V40	Wigan Phoenix	Mid Lancs	37.59
252	219	Graham JENKINS		Chester Tri	L&D	38.00
253	684	Jack LONSDALE	U20M	Blackburn Harriers	Mid Lancs	38.08
254	299	Jeff MASON		Liverpool Pembroke & Sefton H	L&D	38.11
255	302	Clark ROBERTS		Liverpool Pembroke & Sefton H	L&D	38.12
256	298	Tom HANLON		Liverpool Pembroke & Sefton H	L&D	38.16
257	625	Mark RICHES	M V40	Astley & Tyldesley RR	Mid Lancs	38.20
258	1186	Andy ECCLES	M V40	Wigan Phoenix	Mid Lancs	38.21
259	206	?????????		Chester Tri	L&D	38.22
260	300	Sean DIGNAM		Liverpool Pembroke & Sefton H	L&D	38.23
261	44	Dave LOWTHIAN	Sen M	Severn AC		38.25
262	391	Paul RILEY		Penny Lane Striders	L&D	38.31
263	1101	Jack HUSBAND	M V50	Lancaster & Morecambe AC	Mid Lancs	38.33
264	567	Ross MAXWELL		Wirral AC	L&D	38.34
265	498			Southport Waterloo AC	L&D	38.34
266	565	Tony DEVOY		Wirral AC	L&D	38.35
267	203	Tony JACKSON		Guest	L&D	38.36
268	563	Karl BRYERS		Wirral AC	L&D	38.38
269	301	Rob JOWETT		Liverpool Pembroke & Sefton H	L&D	38.39
270	570	Chris GIBBS		Wirral AC	L&D	38.43
271	520	John ARMSTRONG		Wallasey AC	L&D	38.44
272	1081	Fred LYNCH	M V50	Red Rose Runners	Mid Lancs	38.47
273	633	Mark RUSCOE	SenM	Astley & Tyldesley RR	Mid Lancs	38.49
274	608	Harry MELIA	SenM	Barrow & Furness Striders	Mid Lancs	38.51
275	682	Mark ALMOND	M V40	Blackburn Harriers	Mid Lancs	38.51
276	375	Damien NOLAN		Mossley Hill AC	L&D	38.53
277	610	Phil WALSH	SenM	Preston Harriers	Mid Lancs	38.54
278	401	Ian WHITE		St Helens Sutton AC	L&D	38.55
279	634	Shaun MORAN	M V50	Astley & Tyldesley RR	Mid Lancs	38.56
280	1163	Neil HOLDING	M V50	West Pennine Runners	Mid Lancs	39.02
281	257	Paul HARRISON		Liverpool Harriers	L&D	39.03
282	472	Ray HANDLEY		Southport Waterloo AC	L&D	39.04
283	805	Richard JONES	SenM	Garstang Running Club	Mid Lancs	39.09
284	717	Stuart WILLIAMS	M V40	Blackpool Wyre & Fylde AC	Mid Lancs	39.13
285	480	Simon TOBIN		Southport Waterloo AC	L&D	39.14
286	352	George PIERCE		Liverpool Running Club	L&D	39.19
287	620	Doug FLEMING	M V50	Horwich RMI Harriers	Mid Lancs	39.21
288	1009	Graham WEBSTER	M V50	Lytham St Annes RRC	Mid Lancs	39.23
289	371	Tony METCALF		Mossley Hill AC	L&D	39.26
290	385	Simone CAPONI		Penny Lane Striders	L&D	39.28
291	521	Paul CUTHBERT		Wallasey AC	L&D	39.30
292	1195	Richard NOONE	SenM	Wigan Phoenix	Mid Lancs	39.31
293	715	Chris LLOYD	SenM	Blackpool Wyre & Fylde AC	Mid Lancs	39.35
294	1010	Thomas HOWARTH	SenM	Lytham St Annes RRC	Mid Lancs	39.35
295	564	Neil TONER		Wirral AC	L&D	39.36
296	841	Gary CHADDERTON	M V45	Horwich RMI Harriers	Mid Lancs	39.38
297	2124	Jerry CARROLL	SenM	Cheltenham H		39.38
298	1001	Tony CROFT	M V50	Lytham St Annes RRC	Mid Lancs	39.39
299	622	Ashley NIXON	SenM	Preston Harriers	Mid Lancs	39.45
300	402	Peter JOHNSON		St Helens Sutton AC	L&D	39.46





# THE McCAIN LIVERPOOL CROSS CHALLENGE

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Sefton Park, Liverpool



## Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
301	289	Martin BATEMAN		Liverpool University AC	L&D	39.47
302	404	Mark DAVIES		St Helens Sutton AC	L&D	39.48
303	227	Ian LANDUCCI		Helsby (BICC) Running Club	L&D	39.53
304	1229	Gary MASON	M V50	Mid Lancashire League Pool	Mid Lancs	39.54
305	872	Joseph TWIGG	U11B	Lancaster & Morecambe AC	Mid Lancs	39.56
306	562	Will FERGUSON		Wirral AC	L&D	39.56
307	806	Craig MENZIES	SenM	Garstang Running Club	Mid Lancs	40.05
308	41	Ali Ihsan KAPLANKIRAN	Sen M	Croydon Harriers		40.06
309	447	Dylan COLE-JONES		Skelmersdale Boundary H	L&D	40.08
310	1080	John SHEPHERD	M V40	Red Rose Runners	Mid Lancs	40.09
311	403	Alan MCNALLY		St Helens Sutton AC	L&D	40.10
312	1231	Peter HALL	M V60	Mid Lancashire League Pool	Mid Lancs	40.13
313	350	Robbie BURKE		Liverpool Running Club	L&D	40.17
314	795	Peter BOOTH	M V50	Clayton Le Moors Harriers	Mid Lancs	40.18
315	1248	John ANDERSON	M V50	Pendle AC	Mid Lancs	40.21
316	765	Paul JACKSON	M V40	Chorley Harriers & AC	Mid Lancs	40.24
317	714	Peter BROOME	M V50	Blackpool Wyre & Fylde AC	Mid Lancs	40.27
318	746	Paul WAREING	M V45	Chorley AC	Mid Lancs	40.28
319	463	Tom PEACOCK		Southport Waterloo AC	L&D	40.31
320	2125	Rob JONES		Chester Tri	L&D	40.34
321	573	Kevin KEATING		Wirral AC	L&D	40.40
322	468	Mike CUNNINGHAM		Southport Waterloo AC	L&D	40.43
323	389	Andy KEELEY		Penny Lane Striders	L&D	40.46
324	719	Gary JOHNSTON	M V50	Blackpool Wyre & Fylde AC	Mid Lancs	40.50
325	393	Frank MARTIN		Penny Lane Striders	L&D	40.52
326	372	Owen BURNS		Mossley Hill AC	L&D	40.53
327	1198	Howard WAITS	M V40	Wigan Phoenix	Mid Lancs	40.56
328	769	Phil IDDON	SenM	Chorley Harriers & AC	Mid Lancs	41.06
329	561	Simon FOX		Wirral AC	L&D	41.07
330	809	Geoff LYONS	M V45	Garstang Running Club	Mid Lancs	41.08
331	349	Paul RAINFORD		Liverpool Running Club	L&D	41.09
332	768	David WILLIAMS	M V40	Chorley Harriers & AC	Mid Lancs	41.11
333	522	Richard SAUNDERS		Wallasey AC	L&D	41.13
334	469	Brian DAVEY		Southport Waterloo AC	L&D	41.14
335	997	Terry HELLINGS	M V50	Lytham St Annes RRC	Mid Lancs	41.15
336	1054	Alan APPLEBY	M V60	Preston Harriers	Mid Lancs	41.16
337	503	Nick JONES		Spectrum Striders	L&D	41.21
338	790	Barry MITCHELL	M V60	Clayton Le Moors Harriers	Mid Lancs	41.28
339	1199	Dave WALL	M V40	Wigan Phoenix	Mid Lancs	41.38
340	378	Simon BIRTLES		Mossley Hill AC	L&D	41.40
341	1079	Phil BUTLER	M V40	Red Rose Runners	Mid Lancs	41.42
342	685	Richard TAYLOR	M V40	Blackburn Harriers	Mid Lancs	41.43
343	204	Chris MORGAN		Chester Tri	L&D	41.46
344	1015	Gordon EVERARD	M V50	Lancaster & Morecambe AC	Mid Lancs	41.53
345	448	Alan SUMMERS		Skelmersdale Boundary H	L&D	41.58
346	600	Jon COLE		Ellesmere Port RC	L&D	41.59
347	1099	Steve PERRY	M V50	Lancaster & Morecambe AC	Mid Lancs	42.00
348	796	James HICKLE	M V50	Clayton Le Moors Harriers	Mid Lancs	42.03
349	515	Matt WILLIAMS		Wallasey AC	L&D	42.04
350	1008	Roy UPSON	M V40	Lytham St Annes RRC	Mid Lancs	42.06
351	612	Matthew MITCHELL	SenM	Lancaster & Morecambe AC	Mid Lancs	42.07
352	1061	Stephen MORT	SenM	Preston Harriers	Mid Lancs	42.08
353	623	John GRIFFITHS	SenM	Preston Harriers	Mid Lancs	42.09
354	523	Richard PERRY		Wallasey AC	L&D	42.10
355	382	Mal BALMER		Penny Lane Striders	L&D	42.12
356	441	Ian DOYLE		Skelmersdale Boundary H	L&D	42.13
357	1017	Stephen YOUNG	SenM	Preston Harriers	Mid Lancs	42.14
358	1011	Willie RICHMOND	M V40	Lytham St Annes RRC	Mid Lancs	42.16
359	1192	Andrew NIGHTINGALE	SenM	Wigan Phoenix	Mid Lancs	42.27
360	516	Stan WILLIAMS		Wallasey AC	L&D	42.29





# THE McCAIN LIVERPOOL CROSS CHALLENGE

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## Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
361	373	Helen DAVIES		Mossley Hill AC	L&D	42.30
362	720	Dave ROBSON	M V40	Blackpool Wyre & Fylde AC	Mid Lancs	42.31
363	445	Peter SUMMERS		Skelmersdale Boundary H	L&D	42.33
364	1230	Peter LEVISTON	M V60	Mid Lancashire League Pool	Mid Lancs	42.34
365	598	Dave NALDER		Ellesmere Port RC	L&D	42.38
366	596	Alison HAYES		Ellesmere Port RC	L&D	42.38
367	1194	Chris NIGHTINGALE	M V40	Wigan Phoenix	Mid Lancs	42.43
368	597	Danny LEGG		Ellesmere Port RC	L&D	42.43
369	528	Kim MCFREARY		Wallasey AC	L&D	42.45
370	519	Dave WALTON		Wallasey AC	L&D	42.46
371	628	Garry BAINES	M V50	Astley & Tyldesley RR	Mid Lancs	42.47
372	896	Andy HOWARTH	M V40	Leigh Harriers	Mid Lancs	42.47
373	388	Marty HIRRELL		Penny Lane Striders	L&D	42.52
374	791	Dave SCOTT	M V60	Clayton Le Moors Harriers	Mid Lancs	42.56
375	355	Steve CLAYTON		Liverpool Running Club	L&D	43.00
376	741			Burnley AC	Mid Lancs	43.04
377	383	Dave PINNINGTON		Penny Lane Striders	L&D	43.08
378	1154	Russell MABBETT	M V40	Wesham Road Runners	Mid Lancs	43.09
379	525	Trcia SOO		Wallasey AC	L&D	43.14
380	541	Dave HOUGH		West Cheshire AC	L&D	43.15
381	518	Derek MCARDLE		Wallasey AC	L&D	43.19
382	1100	Mike PEAT	M V50	Lancaster & Morecambe AC	Mid Lancs	43.29
383	1076	Gordon NOBLETT	SenM	Red Rose Runners	Mid Lancs	43.32
384	748	Rick CORDWELL	SenM	Chorley AC	Mid Lancs	43.34
385	627	Steve FOSTER	M V40	Astley & Tyldesley RR	Mid Lancs	43.42
386	744	Henry MINORCZYK	M V60	Chorley AC	Mid Lancs	43.45
387	514	Barry METCALF		Wallasey AC	L&D	43.49
388	1078	Phil DEAN	M V50	Red Rose Runners	Mid Lancs	43.57
389	1096	Michael MCLOUGHLIN	SenM	Preston Harriers	Mid Lancs	44.01
390	599	Roy TRAYNOR		Ellesmere Port RC	L&D	44.04
391	713	David DYSON	M V50	Blackpool Wyre & Fylde AC	Mid Lancs	44.07
392	524	Martin ROBERTS		Wallasey AC	L&D	#REF!
393	637	Gary BALMER	M V40	Clayton Le Moors Harriers	Mid Lancs	#REF!
394	376	Colin SEFTON		Mossley Hill AC	L&D	#REF!
395	615	William HOLLIGAN	M V50	Allithwaite & District	Mid Lancs	#REF!
396	387	Steve PEMBERTON		Penny Lane Striders	L&D	#REF!
397	767	Graham SCHOFIELD	M V50	Chorley Harriers & AC	Mid Lancs	#REF!
398	13A	???	???	???	???	#REF!
399	1062	Steven JACKSON	M V40	Preston Harriers	Mid Lancs	#REF!
400	845	Pete BLAND	M V60	Horwich RMI Harriers	Mid Lancs	#REF!
401	392	Andy STANDSFIELD		Penny Lane Striders	L&D	#REF!
402	187	Jim LOWTHER	Sen M	Unattached		#REF!
403	353	Billy MERRITT		Liverpool Running Club	L&D	#REF!
404	1002	Colin NELSON	SenM	Lytham St Annes RRC	Mid Lancs	#REF!
405	616	Michael THORNBOROUGH	M V40	Allithwaite & District	Mid Lancs	#REF!
406	207	Jimmy RICKETTS		Guest	L&D	#REF!
407	526	Sallie HOLT		Wallasey AC	L&D	#REF!
408	614	William ATKINSON	M V40	Allithwaite & District	Mid Lancs	#REF!
409	45	Peter MARSHALL	Sen M	Oxford City		#REF!
410	386	Mike DEVEREUX		Penny Lane Striders	L&D	#REF!
411	566	Nick LINDESAY		Wirral AC	L&D	#REF!
412	1232	Dave SPENCER	M V70	Mid Lancashire League Pool	Mid Lancs	#REF!
413	442	Andy DALTON		Skelmersdale Boundary H	L&D	#REF!
414	529	Dave MCALISTER		Wallasey AC	L&D	#REF!
415	823	Adrian NEWNHAM	M V50	Glaxo Hoad Hill Harriers	Mid Lancs	#REF!
416	444	Carole QUIRK		Skelmersdale Boundary H	L&D	#REF!
417	794	Ted ORRELL	M V70	Clayton Le Moors Harriers	Mid Lancs	#REF!
418	46	Joe MCGRATH	Sen M	Unattached		#REF!
419	785	George THOMPSON	M V50	Clayton Le Moors Harriers	Mid Lancs	#REF!
420	1013	George FARRINGTON	M V60	Lancaster & Morecambe AC	Mid Lancs	#REF!





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## Senior Men - 9.8km

Posn	Bib	Runner	Age Group	Club	League	Time
421	511	Mike GRIFFITHS		Wallasey AC	L&D	#REF!
422	1193	Roy HART	M V60	Wigan Phoenix	Mid Lancs	#REF!
423	485	Phil BAXENDALE		Southport Waterloo AC	L&D	#REF!
424	1082	Geoff ORRUTT	M V60	Red Rose Runners	Mid Lancs	#REF!
425	793	Stuart HARTLEY	M V50	Clayton Le Moors Harriers	Mid Lancs	#REF!
426	747	Barry CHESTER	M V60	Chorley AC	Mid Lancs	#REF!
427	1196	Derek HENRY	M V50	Wigan Phoenix	Mid Lancs	#REF!
428	296	Robbie WOOD		Liverpool Pembroke & Sefton H	L&D	#REF!
429	817	Simon BARTON	M V50	Glaxo Hoad Hill Harriers	Mid Lancs	#REF!
430	252	Pat HENLEY		Liverpool Harriers	L&D	#REF!
431	55	David PAVER	Sen M	City of York		#REF!
432	379	Anne JETRES		Mossley Hill AC	L&D	#REF!
433	998	Dave COSH	M V50	Lytham St Annes RRC	Mid Lancs	#REF!
434	679	John ORRELL	M V40	Blackburn Harriers	Mid Lancs	#REF!
435	505	Alan PEERS		Spectrum Striders	L&D	#REF!
436	40	Leslie ISAACS	Sen M	Pensby Runners		#REF!
437	1077	Steve COEY	M V50	Red Rose Runners	Mid Lancs	#REF!
438	374	Peter DAVIES		Mossley Hill AC	L&D	#REF!
439	743	John SWIFT	M V70	Chorley AC	Mid Lancs	#REF!
440	527	Sharon LAMART		Wallasey AC	L&D	#REF!
441	2104	David ROWE	SenM	Unattached		#REF!
442	789	Doug MURRAY	M V60	Clayton Le Moors Harriers	Mid Lancs	#REF!
443	819	Jeremy CLARKE	M V50	Glaxo Hoad Hill Harriers	Mid Lancs	#REF!
444	377	Richie HAMMSWORTH		Mossley Hill AC	L&D	#REF!
445	750	Eddie MURRAY	M V65	Chorley AC	Mid Lancs	#REF!
446	749	Phil MCCULLAGH	M V50	Chorley AC	Mid Lancs	#REF!
447	237	???????		Helsby (BICC) Running Club	L&D	#REF!
448	238	???????		Helsby (BICC) Running Club	L&D	#REF!
449	1190	John SANDS	M V60	Wigan Phoenix	Mid Lancs	#REF!
450	778	Richard LAWSON	M V60	Clayton Le Moors Harriers	Mid Lancs	54.56
451	380	Sharon FARMER		Mossley Hill AC	L&D	55.54
452	205	???????		Chester Tri	L&D	55.54
453	606	Austin MCBRIDE	M V60	Accrington RR	Mid Lancs	57.55
454	745	Mike COPPIN	M V65	Chorley AC	Mid Lancs	63.03
455						